



## Mobilization and Deployment January - March 2017 Training Calendar

<b>January 2017</b>		
4 Jan	0830-1100	FRG Key Caller Training
4 Jan	1200-1430	FRG Fund Custodian Training
10-11 Jan	0830-1430	Community Resource Course
10 Jan	1730-2000	Facebook for FRGs
17-18 Jan	1730-2030	FRG Leader Course
18 Jan	0900-1200	FRG for CDRs/1SGs
23-25 Jan	0900-1700	Rear Detachment Operations (RDO) Course
24 Jan	1730-2000	A Taste of Resilience ( <b>ACR</b> )
25 Jan	0830-1430	CARE Team
<b>31 Jan</b>	1730-1930	R.E.A.L. Family Readiness Group (FRG) Foundations
<b>February 2017</b>		
1 Feb	0830-1100	Facebook for FRGs
2 Feb	0830-1430	Resilience Academy ( <b>Day 1 of 4</b> )
7-8 Feb	0900-1630	R.E.A.L. Family Readiness Liaison (FRL) Training
7 Feb	1730-2030	R.E.A.L. Foundation/FRG Key Contact Training
8 Feb	1730-2030	R.E.A.L. Foundation/FRG Informal Fund Custodian Training
9 Feb	0830-1430	Resilience Academy ( <b>Day 2 of 4</b> )
14-15 Feb	0830-1430	R.E.A.L. FRG Leader Training
15 Feb	0900-1200	R.E.A.L. Command Team FRG Training
16 Feb	0830-1430	Resilience Academy ( <b>Day 3 of 4</b> )
22 Feb	1730-2030	CARE Team
23 Feb	0830-1430	Resilience Academy ( <b>Day 4 of 4</b> )
<b>March 2017</b>		
1 Mar	0830-1130	R.E.A.L. Foundation/FRG Key Contact Training
2 Mar	0830-1130	R.E.A.L. Foundation/FRG Informal Fund Custodian Training
7 Mar	1730-2000	Facebook for FRGs
8 Mar	0900-1200	R.E.A.L. Command Team FRG Training
14-15 Mar	0830-1430	Community Resource Course
21-22 Mar	1730-2030	R.E.A.L. FRG Leader Training
28 Mar	1730-2000	A Taste of Resilience ( <b>HTGS/Energy Management</b> )
29 Mar	0830-1430	CARE Team

**Call 288-2794 for Mobilization & Deployment Program**  
**Call 286-6600 for AFTB Program. Call 287-VOLS for AVC Program.**  
 Class location: Lane Volunteer Center, Bldg 16005.

### **R.E.A.L. (FRG) Leader Training**

In-depth training covering foundations of FRG leadership roles and responsibilities. Identifies daily operations, volunteer practices and expectations for new FRG leaders Soldiers, Family members and volunteers.

### **R.E.A.L. Command Team FRG Training**

Commanders and First Sergeants receive insight into FRG operations and their potential for enhancing Soldier and Family readiness. Addresses the partnership role between the command team and FRG leaders; reviews the basics of FRG funding; offers volunteer management and recruiting concepts.

### **Facebook for FRGs**

Discusses social media applications that enhance FRG networking. Identifies relevant Army guidelines and provides insight into Operations Security for a successful FRG social media page.

### **R.E.A.L. Foundation/FRG Key Contact Training**

Training for volunteers in FRG Key Caller positions. Addresses the roles and responsibilities, call management and expectations of Key Caller volunteers through scenarios and resource discussion.

### **R.E.A.L. FRG Informal Fund Custodian Training**

Highlights FRG informal fund and fundraising do's and don'ts and fund custodian responsibilities.

### **Resilience Academy (4 day training)**

Enhances life skills for a more balanced, resilient, and healthy lifestyle. Provides the tools to thrive in a high-tempo era of constant change.

### **Community Resource Course**

Local organizations and agencies provide information on resources available to enhance greater self-reliance.

### **R.E.A.L. Family Readiness Liaison (FRL) Training**

Identifies roles and responsibilities of the FRL, acquaints FRLs with the challenges and opportunities related to their position. Identifies available resources. Enhances the connection between FRLs, their Command teams, and service providers.

### **Casualty Response (CARE) Team**

Addresses the roles, responsibilities and functions of CARE Team volunteers. Explains the support partnership between command and volunteers.

### **Rear Detachment Operations (RDO) Course**

Offers information provided by subject matter experts for active duty, National Guard, and Reserve Component Soldiers serving in rear detachment roles. Requests for student enrollment must be initiated by the Unit Schools NCO. Call 287-4431 / 288-2794 for additional information.

### **Resilience for Couples**

Put the "bounce" back in your relationship. Join other military couples (married or not) in addressing the challenges of building/recharging your relationship.

### **Resilience for Spouses of Deployed Soldiers**

Keeping it All Together....When You are Far Apart. Explore your strengths, fine tune your skills, enhance your deployment experience, improve your relationship and identify support resources.

### **Pre and Post Deployment Resilience Briefing**

Adaptive training using resilience skills to overcome the difficulties of deployment, redeployment and reintegration.

### **Pre Deploy Briefing**

"What if..." is the main concept of this briefing, as Soldiers and Family member prepare for deployment. Resources are introduced to answer such questions.

### **Reunion/Reintegration for Families**

Learning from each other is very important as we take on Reunion/Reintegration. This facilitated training explores what Reunion/Reintegration are and how setting realistic expectations can help in the reintegration process.

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