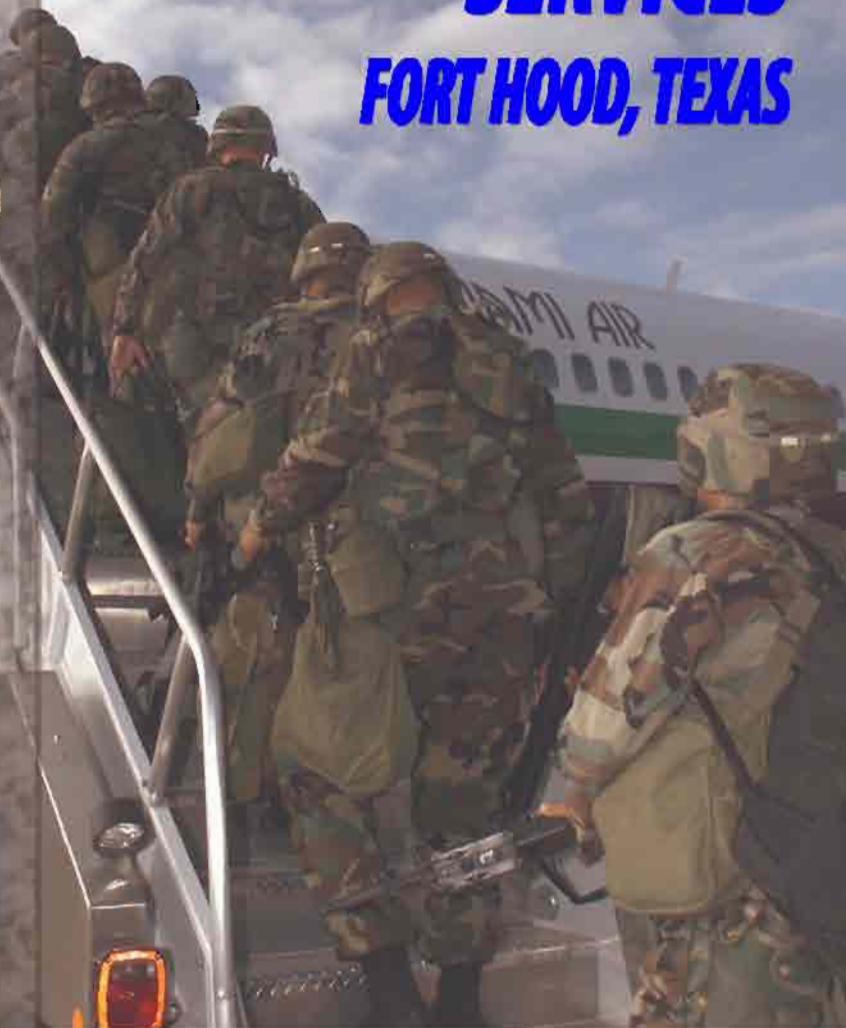


LEADERS' REFERRAL GUIDE TO HUMAN SERVICES FORT HOOD, TEXAS



III CORPS



287-4227





**This guide has been provided by
Army Community Service
Information, Referral & Outreach Readiness Branch (IRO)
Fort Hood, Texas 76544**

March 2007

For updates, corrections, or additions, please contact
the IRO office at (254) 285-5786 (DSN: 663-5786)
or email acsirooffice@hood.army.mil



GARRISON COMMANDER'S COMMENTS

One of our primary responsibilities as leaders is to take care of our Soldiers and their families. Army Community Service (ACS) publishes the Fort Hood Leader's Referral Guide to help leaders accomplish this mission essential task. The Leader's Referral Guide contains information about a variety of programs and service agencies both on the installation and in the greater Fort Hood area.

In addition to its primary purpose, we have found that this guide can benefit our Soldiers and their families in another important way – education. By making this information available to school administrators and counselors in the surrounding Independent School Districts, we have found that they gain an invaluable resource. The Leader's Referral Guide helps them help our children.

It is my intent that this guide be given the widest dissemination. By sharing the information contained in this guide, we are all better equipped to assist our Soldiers and their families.

I am proud of every leader's dedication and commitment to this great nation. You, your Soldiers, and their family members truly make Fort Hood "the great place".



Sincerely,

A handwritten signature in black ink, appearing to read "Victoria M. Bruzese".

Victoria M. Bruzese
Colonel, U. S. Army
Garrison Commander

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ACS - Advocacy and Prevention Branch

Building 76020
Clarke Road & Crockett Street
West Fort Hood, TX 76544

Phone: (254) 288-2863

Hours: 7:30am to 4:30pm - Monday thru Friday; Closed on all Training Holidays and Federal/National Holidays.

Eligibility Requirements: Active Duty Soldiers, Retirees, DoD Civilians, Family Members

Fees: None

Intake procedure: Brief intake interview in program area.

Agency: Army Community Service (ACS)

Additional Telephone Numbers:

Family Advocacy Program - 286-6774

Child Safety Class - 287-1763

Active Parenteen - 287-6505

Provides comprehensive assistance and liaison to and for victims of spouse/child abuse. Conducts prevention educational briefings and training, Family life skills training, safety education for adults and children, parenting education and support groups.

Provides coordination and oversight of the Fort Hood Sexual Assault Prevention and Response Program which educates commanders and Soldiers on the prevention of sexual assault, as well as resources and assistance in the event of an incident of sexual assault.

Advocacy & Prevention partners with the Department of Social Work, Family Life Chaplains, and Families in Crisis.

ACS - Army Community Service (Administration)

Building 121 The Rivers Building
761st Tank Battalion Ave. and Hood Road
Fort Hood, TX 76544

Phone: (254) 287-1421

Hours: 7:30am to 4:30pm - Monday thru Friday; Closed on all Training Holidays and Federal/National Holidays.

Eligibility Requirements: Active Duty Soldiers, Retirees, DoD Civilians, Family Members

Fees: None

Intake procedure:

Agency: Army Community Service (ACS)

ACS is a multi-service agency designed to assist Soldiers, retirees, and Family Members by providing programs which enhance quality of life, develop resiliency, and promote self-reliance. Information and referrals are provided to educate and assist individuals in need locate and access services that can best alleviate or eliminate that need. Advocacy and case management is provided on-site or through referral as needed.

ACS - Employment Readiness Branch

Civilian Personnel Advisory Center
Bldg. 4220, Tank Destroyer & 77th Street
Fort Hood, TX 76544

Phone: (254) 288-2089

Hours: 7:30am to 4:30pm - Monday thru Friday; Closed on all Training Holidays and Federal/National Holidays.

Eligibility Requirements: Active Duty Soldiers, Retirees, DoD Civilians, s

Fees: None

Intake procedure:

Agency: Army Community Service (ACS)

Provides a full range of employment related services and assistance to help expedite a Family Member's job search and career development. Workshops: Employment Skills Building, Resume Writing, Career Planning and Self-Assessment, Interview Techniques and Effective Job Hunting.

ACS - Exceptional Family Member Program (EFMP)

Building 121 The Rivers Building
761st Tank Battalion Ave. and Hood Road
Fort Hood, TX 76544

Phone: (254) 287-6070

Hours: 7:30am to 4:30pm - Monday thru Friday; Closed on all Training Holidays and Federal/National Holidays.

Eligibility Requirements: Active Army, US Army Reserve Soldiers (active guard & reserve prog), Reserve Soldiers & National Guardsman under Title 10.

Fees: None

Intake procedure:

Agency: Army Community Service (ACS)

Mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personal services to families with special needs.

Did you know that ACS offers New Parent Support, and Single Soldier Parent Support Programs? Call 287-2286 for more information.

ACS - Information, Referral & Outreach Readiness Branch

Building 121 The Rivers Building
Hood Road & 761st Tank Battalion Avenue
Fort Hood, TX 76544

Phone: (254) 287-4ACS

Hours: 7:30am to 4:30pm - Monday thru Friday; Closed on all Training Holidays and Federal/National Holidays.

Eligibility Requirements: Active Duty Soldiers, Reservists, National Guardsmen, Retirees, DoD Civilians, Family Members

Fees: None

Intake procedure: Brief intake interview conducted at ACS Information, Referral & Outreach.

Agency: Army Community Service (ACS)

Information, Referral & Outreach Program is a one-stop reference source for information pertaining to military and local community services. Information on a variety of resources to include child care, food stamps, legal services, support groups and counseling, parenting, financial assistance, a small emergency non-perishable food pantry is available, and so much more. The Community Services Council (CSC) is a monthly community-wide forum which disseminates information on Fort Hood and surrounding community events and activities. ACS-2-You Outreach Services takes ACS classes and information into the community.

ACS - Relocation Readiness Branch

Building 121 The Rivers Building
761st Tank Battalion Ave. and Hood Road
Suite 121A
Fort Hood, TX 76544

Phone: (254) 287-4471

Hours: 7:30am to 4:30pm - Monday thru Friday; Closed on all Training Holidays and Federal/National Holidays.

Eligibility Requirements: Active Duty Soldiers, Retirees, DoD Civilians, Family Members

Fees: None

Intake procedure: Copy of PCS orders to check items from Loan Closet required.

Agency: Army Community Service (ACS)

Offers a variety of resources and programs to ease the transition of PCS moves. Relocation Loan Closet allows Soldiers to borrow basic household items while their household goods are in transit.

SITES provides information booklets for all military installations world-wide. Other services offered: welcome packets, newcomer orientation, International Spouses Support Group, Waiting Families Support Group for spouses geographically separated, and one to one relocation counseling services.

ACS - Soldier and Family Readiness Branch

Building 16005 Lane Volunteer Cente
Hood Road and Old Ironside Avenue
Fort Hood, TX 76544

Phone: (254) 288-3566

Hours: 7:30am to 4:30pm - Monday thru Friday; Closed on all Training Holidays and Federal/National Holidays.

Eligibility Requirements: Active Duty Soldiers, Retirees, DoD Civilians, Family Members

Fees: None

Intake procedure:

Agency: Army Community Service (ACS)

Provides support for active duty and reserve families who are facing military separation due to deployment. Provides volunteer placement, training and coordination on a variety of subjects to include Operation READY, Family Readiness group training, Rear Detachment Officer/Family Readiness Liaison Training and Unit Service Coordinator oversight. Army Family Action Plan (AFAP) Program is a grassroots process that allows you to give feedback to commanders and raise issues important to you about military and Family life. Army Family Team Building (AFTB) is training designed to provide military spouses with information and resources on military lifestyle and practices.

The ACS Volunteer Corps provides direct support to ACS programs. All Soldiers, civilians, and Family Members are eligible to participate in the ACS Volunteer Program. Benefits of participation include documented job experience, increased understanding of your community, and the knowledge that you are providing significant service to others.

ACS - Volunteer Program

Building 16005
Hood Road and Old Ironside Avenue
Fort Hood, TX 76544

Phone: (254) 287-8657

Hours: 7:30am to 4:30pm - Monday thru Friday; Closed on Training Holidays and Federal/National Holidays.

Eligibility Requirements: Anyone Interested in volunteer opportunities and helping people.

Fees: None

Intake procedure:

Agency: Army Community Service (ACS)

The ACS Volunteer Corps provides direct support to ACS programs. All Soldiers, civilians, and Family Members are eligible to participate in the ACS Volunteer Program. Benefits of participation include documented job experience, increased understanding of your community, and the knowledge that you are providing significant service to others.

ADD/ADHD Support Group for Children

5 West, Child and Adolescent
Carl R. Darnall Army Medical Center
Fort Hood, TX 76544

Phone: (254) 288-8731

Hours: 4:15 PM to 5:30 PM Tuesdays

Eligibility Requirements:

Fees:

Agency: Support Groups

This group is for children who have Attention Deficit/Hyperactivity Disorder or ADHD. A CAPES therapist provides age-appropriate information about these disorders and how to cope with them. Games and activities focus on social skills, patience, listening, planning ahead, self-esteem and other areas that usually give children and adolescents problems.

Advocacy, Inc.

7800 Shoal Creek Blvd., Suite 171E
Austin, TX 78757

Phone: (512) 454-4816

Hours: 8:00am to 5:00pm - Monday thru Friday.

Eligibility Requirements: Limited to developmentally disabled individuals, their families, and other advocates, as well as children and schools.

Fees: None

Agency: Advocacy, Inc.

A variety of protection and advocacy services for people with developmental disabilities, their families, and other advocates; client assistance programs to help people in Vocational Rehabilitation Services, for applicants and clients; mental illness protection and advocacy for legal rights; psychiatric and residential facilities.

Alzheimer Family Support Group

P.O. Box 5036
Heartland Healthcare
Temple, TX 76505

Phone: (254) 778-6616

Hours: 5:30 PM - First Tuesday of each month

Eligibility Requirements: Spouses of Alzheimer's victims, concerned individuals, and families.

Fees: None

Agency: Alzheimer Family Support Group

Meeting ground for spouses and families of Alzheimer's victims, to share experiences, ways of coping, and lend moral support. Education programs available.

American Cancer Society

2433 Ridge Point Drive, Suite B
Austin, TX 78754

Phone: (512) 919-1900

Hours: 8:00am to 4:30pm - Monday thru Friday; also meets 1st and 3rd Thursday of every month @ Carl R. Darnall Army Medical Center in the logistics

Eligibility Requirements: Cancer patients

Fees: None

Intake procedure:

Agency: American Cancer Society

Equipment for cancer patients, i.e., hospital beds, wheel chairs, walkers, canes, etc.; support groups: Reach to Recovery, Coping with Breast Cancer; transportation and guest room privileges for patients and families available in some areas; professional education.

New Programs: Quit Hotline - 24/7 - Counseling phone service for people to stop smoking.

American Heart Association

6801 Sanger Avenue Suite 102
Waco, TX 76710

Phone: (254) 299-0880

Hours: 8:30am to 5:00pm - Monday thru Friday.

Eligibility Requirements: Anyone

Fees: Varies

Intake procedure:

Agency: American Heart Association

Research and education about the heart; CPR courses (referred to locations giving the course); a film library open to the public; literature on the American Heart Association, cardiovascular diseases; nutrition; and various programs for teachers, students, and employees. Information pamphlets are available upon request.

AER FACTS:

- Every hour in 2001, 3 Soldiers and their Families received AER assistance.
- Every 2 days in 2001, 1 retiree and their Family received AER assistance.
- Every 3 days in 2001, 1 widow received AER assistance.
- During 2001, Fort Hood AER provided assistance totaling \$2,608,177.51.

American Red Cross - Fort Hood

Reynolds House, Building 8640
Near Warrior Way Commissary
Fort Hood, TX 76544

Phone: (254) 287-0400

Hours: 8:00am to 4:30pm - Monday thru Friday, 24 HOUR ON CALL SERVICE FOR EMERGENCIES.

Eligibility Requirements: Call 800 number for emergency communications; after hours call 800 number for financial assistance; during regular hours see unit CFS or AER.

Fees: None

Agency: American Red Cross

Assistance to military families, veterans, and their dependents; and civilians in some cases. Volunteer programs and nursing/health programs. Disaster relief, meeting urgent needs of victims, emergency communications available to contact service member who is deployed. Messages should be related to members of the immediate Family. Financial assistance also available for service members to be sent to the location of the emergency. Coat distribution for the needy in November, December, and January.

American Red Cross - Mid Tex Chapter

208 West Avenue A
Killeen, TX 76541

Phone: (888) 776-9226

Hours: 8:30 am - 5:00 pm, Monday thru Friday

Eligibility Requirements: Call local or toll free number after hours for services.

Fees: Courses require minimal fee.

Agency: American Red Cross

Chapter provides Armed Forces emergency services, disaster services, health and safety services, CPR, First Aid, aquatics, youth programs and volunteer opportunities.

Anger Management Group for Parents - DACH

5 West Child and Adolescent
Carl R. Darnall Army Medical Center
Fort Hood, TX 76544

Phone: (254) 288-8731

Hours: 4:15pm to 5:30pm - Thursdays.

Eligibility Requirements:

Fees:

Agency: Carl R. Darnall Army Medical Center

This is an education and support group for parents. Participants discuss Family dynamics, communication skills, and problem solving. This is an opportunity for parents to meet with others in similar situations.

ARC (Association of Retarded Citizens) of Bell County

4708 Teal Drive
Killeen, TX 76542

Phone: (254) 298-7108

Hours: Call from 8:00am to 5:00pm - Monday thru Friday.

Eligibility Requirements: All mentally challenged and concerned citizens.

Fees: No charge; ARC membership - \$15.00 per year.

Intake procedure: Call number listed.

Agency: Arc (Assoc of Retarded Citizens) of Texas

The ARC of Texas promotes community inclusion for people with mental retardation and other developmental disabilities through advocacy, training and information, and referral services. Fun night every Tuesday, 7:00pm to 8:30pm, Gober Youth Center; Camp Funshine (no charge), planned each year, usually during last week in May in Temple, and Special Olympics activities. ARC meeting the second Tuesday of the month, at 7:00pm at Gober Youth Center, in Temple, Texas.

Area Agency on Aging of Central Texas

2180 North Main Street
P.O. Box 729
Belton, TX 76513

Phone: (800) 447-7169

Hours: 8:00am to 5:00pm - Monday thru Friday

Eligibility Requirements: Anyone 60 years of age or older and/or the spouse of any person age 60 or older.

Fees: None

Intake procedure:

Agency: Central Texas Council of Governments (CTCOG)

The Area Agency on Aging of Central Texas (AAA), under the federal Older Americans Act, is administratively responsible for the development of a comprehensive and coordinated system of services for the population over age 60.

The AAA serves as the leaders, chief advocate and focal point for aging services in Central Texas. Older persons, their families and caregivers face a complicated array of choices and decisions about health and long-term care, social services, income security, insurance, public entitlements, available benefits and housing options. Fragmentation among health and human service agencies adds further to consumer confusion and frustration.

To support the ability for consumers to make informed choices and decisions, the AAA directly provides specialized services called Access and Assistance. Access and Assistance include the following services: Information and Assistance, Benefits Counseling, Case Management, and Long-Term Care Ombudsman.

The AAA is your source of connection.

Army Career Alumni Program - ACAP

Building 18010, 3rd Floor B Wing
Copeland Soldier Service Center
Fort Hood, TX 76544

Phone: (254) 288-5627

Hours: Monday thru Friday 7:30am to 5:00pm

Eligibility Requirements: Army Retirees & their Family Members, non-retired Veterans & their Family Members, & eligible DoD civilian employees.

Fees: None

Intake procedure: Call telephone numbers for next briefing and procedures

Agency: Adjutant General

Provides transition assistance to Soldiers and their Family Members preparing to leave active duty; to Department of Defense civilian employees who are retiring or who are affected by Reduction-in-Force actions; and to their Family Members. Pre-separation planning includes benefits information, job search skills development, career guidance, job search assistance and other guidance relevant to a thorough transition.

Staff is available to provide briefings to chain of command, Soldiers, and Family Members about policy, eligibility, procedures, services, and necessity of beginning the ACAP process in a timely manner. Call 288-ACAP to schedule a briefing.

Arthritis Foundation - Heart of Texas Branch

6902 Woodway Drive #167
Waco, TX 76712

Phone: (254) 772-9303

Hours: 9:00am to 5:00pm - Monday thru Friday.

Eligibility Requirements: Open

Fees: No charges except for self-help courses and aquatics program.

Agency: Arthritis Foundation

Public, patient, and professional education. Literature (some in Spanish), films, exhibits, speakers bureau, and information/referral available; self-help courses and aquatics program.

Arthritis Foundation - North Texas Chapter

2824 Swiss Avenue
Dallas, TX

Phone: (817) 826-4361

Hours: 8:30am to 5:00pm - Monday thru Friday.

Eligibility Requirements: Open

Fees: No Charges, except for self-help and aquatics.

Agency: Arthritis Foundation

Public, patient, and professional education. Literature (some in Spanish), films, exhibits, speakers bureau, and information/referral available; self-help courses and aquatics program.

Arthritis Foundation - South Central Texas Chapter

8918 Tesoro Drive, Suite 590
San Antonio, TX 78217

Phone: (800) 284-2438

Hours: 8:30am to 5:00pm - Monday thru Friday.

Eligibility Requirements: Open.

Fees: No charges, except for self-help and aquatics.

Intake procedure:

Agency: Arthritis Foundation

Public, patient, and professional education. Literature (some in Spanish), films, exhibits, speakers bureau, and information/referral available; self-help courses and aquatics program.

Avenue T Church of Christ

2009 West Avenue T
Temple, TX 76504

Phone: (254) 778-1799

Hours: 8:00am to 4:00pm - Monday thru Friday.

Eligibility Requirements: No eligibility requirements for social services; 60 years of age or older.

Fees: No fees for those over 60; donations requested for meals and transportation.

Intake procedure:

Agency: Hill Country Community Action Nutrition Program

Social services such as general information to individuals in need of assistance; referrals made to other programs, services, resources, assessments, advocacy, visits, case management, evaluations, and counseling. Senior citizen programs activities include: congregate nutrition, socialization, arts, and crafts, cards, dominoes, exercise, dances, trips, holiday festivities, special projects, health and nutrition education, health screenings, outreach, transportation, coordination with other agencies for special programs. A nutritious lunch provided 5 days a week at noon for those meeting the eligibility status (Meals-on Wheels).

Behavioral Health Division

BLDG 36000
5th Floor
Fort Hood, TX 76544

Phone: (254) 286-7820

Hours: Monday thru Friday, 7:30am to 4:30pm.

Eligibility Requirements: Child & Adolescent Psychiatry age 0-18 years. Psychiatrist on call 24/7.

Fees: None

Intake procedure:

Agency: Carl R. Darnall Army Medical Center

Provides emergency triage service, brief psychotherapy (4-8 sessions), assessment, mental health education, medication management, inpatient hospitalization referral, medical evaluations as requested by Command, and mental status evaluations.

Bell County Human Services

201 E. Ave. D.
Killeen, TX 76541

Phone: (254) 519-3360

Hours: 8:00am to 4:00pm - Monday thru Friday.

Eligibility Requirements: Case by case basis. Active Duty/Family Member must first be screened/referred by Army Emergency Relief (AER) on Fort Hood. Bring AER letter/referral to center.

Fees: None

Intake procedure:

Agency: United Way of the Greater Fort Hood Area

Screening and referral of persons in need of aid by local resources, emergency assistance with utilities (electricity, rent), crisis intervention counseling, assistance with bus tokens for local transit system (The Hop), & county indigent health care program. Provides assistance in completion of various public assistance forms, notary services for various assistance programs, ongoing self-help classes in budgeting & money management, health & nutrition, energy conservation, and employment & job preparation. Case coordination with other agencies.

Bell County Public Health District

509 South 9th Street
Temple, TX 76504

Phone: (254) 778-4766

Hours: Specific to program.

Main Office: Monday-Thursday: 7:00am to 4:30pm; Friday: 7:00am to 11:30am.

Admin: Monday-Friday: 8:00am to 4

Eligibility Requirements: Varies according to the services needed.

Fees: Depend on specific program services.

Intake procedure:

Agency: Bell County Health Department

Nursing:

Clinics include Family planning, prenatal, immunizations, tuberculosis, sexually transmitted diseases, and HIV pre/post test counseling.

CLINICS ARE HELD AT TWO OFFICE SITES: TEMPLE AND KILLEEN

Immunizations:

A service for infants, children, and adults; required immunizations for childhood diseases, nursery entrance/daycare, public/private schools, and for official entry to other countries. The fee is \$7.00 (one injection)/\$10.00 (more than one injection); however, no one is refused immunizations if inability to pay can be demonstrated. In addition, Flu and Pneumococcal vaccine is available (fee determined annually).

Family Planning:

These services enable individuals (minors included) to make informed decisions regarding contraceptive usage. Medical services include diagnosis, treatment of gynecologic related problems, lab tests, drug supplies and related counseling. It includes voluntary sterilization in accordance with Federal regulations.

The program's fee system is based on evaluation of income/sliding scale. The clinic staff includes physicians, nurse practitioners, and nursing/clerical. Client population is not restricted to Bell County.

Prenatal:

The clinic provides an initial exam, lab work, and subsequent medical visits throughout pregnancy. The client arranges delivery services at a local facility. The cost of additional lab/services required in the clinic will be assumed by the patient. Complicated obstetric services are referred to Scott & White hospital. Fees are based on sliding scale/Medicaid acceptance. The clinics are staffed by OB/GYN residents from Scott & White. The clients must reside in Bell County.

Sexually Transmitted Diseases:

An STD clinic provides diagnostic and treatment services for priority diseases; those targeted for disease intervention include syphilis, gonorrhea, chlamydia, and chancroid. Includes confidential counseling/testing for HIV (no charge). Referral mechanism in place for HIV early intervention services and relevant health services. Administrative fee for STD clinic is \$20.00, however, no one is refused services if demonstrates inability to pay.

Tuberculosis:

Any individual in need of Tuberculosis screening, diagnosis, treatment, contacts to TB cases, and those having positive skin tests who meet established guidelines are eligible for services. Services include skin test, x-ray, sputum cultures, medical evaluation and medications. There is no residence requirement or financial guidelines. Patients may be referred by other agencies, private physicians, or come in voluntarily. Determination of eligibility will be made at the time patient makes initial contact or within 2-3 days. Normally there is no charge for a skin test, x-ray, physician visit, or medication. There is a \$15.00 fee for individuals desiring TB skin tests for school or employment, who are not contacts to actual TB cases or TB suspects.

Additional Addresses:

Killeen Office (Clinical Services/Environmental Health)
309 North 2nd Street
Killeen, TX 76540
(254) 526-8371 Option 3

Environmental Health
410 Cottingham St.
Temple, TX 76504
(254) 778-7557

Lanier Health Center
201 North 8th St. (Admin/WIC)
Temple, TX 76501
(254) 773-4457

Bell County Rehabilitation Center for Children

2000 Marlandwood Road
Temple, TX 76502

Phone: (254) 778-6785

Hours: 6:30am to 5:30pm - Monday thru Friday

Eligibility Requirements: Varies according to individual. Birth to 14 years.

Fees: Based on individual's ability to pay.

Intake procedure:

Agency: Bell County Rehabilitation Center for Children

Licensed and nationally accredited, serving handicapped, developmentally delayed, abused, or neglected children. Programs include daily child care, occupational and speech therapies.

Bereavement Support Group - DACH

BLDG 36000
Fort Hood, TX 76544

Phone: (254) 288-8848

Hours:

Eligibility Requirements:

Fees:

Intake procedure:

Agency: Carl R. Darnall Army Medical Center

The Caring Hearts Bereavement Support Group helps the healing process of parents whom have lost a child through miscarriage, ectopic pregnancy, SSIDS, illness or disease. Information is presented and shared about topic of loss and how to cope with loss. Group meets quarterly for 6 sessions. Call Department of Ministry and Pastoral Care for more details. Also helps people who have lost spouses or loved ones -- any kind of loss to families.

Breast Cancer Support Group

Fisher House
Fort Hood, TX 76544

Phone: (254) 288-8845

Hours: 6:30 PM to 8:00 PM First Thursday of each month

Eligibility Requirements:

Fees:

Intake procedure:

Agency: Carl R. Darnall Army Medical Center

The breast cancer support group is called "Coping with Breast Cancer". The intention of this group is to help women with breast cancer cope with this disease and give women the opportunity to participate and share common problems and solutions. Educational and emotional support help to assist in breast cancer recovery.

Brenham State School

4001 Hwy 36 South
Brenham, TX 77833-9611

Phone: (979) 836-4511

Hours: 7:30am to 5:30pm - Monday thru Friday

Eligibility Requirements: Mentally retarded adults.

Fees: No services refused due to inability to pay. Non-medicaid services provided by centers on a sliding scale basis.

Intake procedure:

Agency: TX Dept of Mental Health and Mental Retardation (MHMR)

Brenham State School is a 24-hour residential facility for approximately 400 people who have mental retardation/developmental disabilities. The people who live here have varying degrees of disabilities and abilities. Some folks require 24 hour nursing care due to medical conditions while others live semi-independently by working in businesses in the community and participating in the same activities that you and I enjoy.



Central Counties Center for Mental Health

Mental Retardation Services (MHMR)
304 South 22nd Street (Main Office)
Temple, TX 76501

Phone: (254) 298-7000

Hours: 8:00am to 5:00pm - Monday thru Friday

Eligibility Requirements: Depends on program.

Fees: Sliding fee scale.

Agency: Central Counties Center for Mental Health Mental

Community Support Services: For persons who have completed Center programs or who are returning to the community from a State Hospital or a State School program.

MHMR Vocational Services: Vocational assessment, training, and employment opportunities. Life-skills, pre-vocational, vocational, and academic training for mentally retarded persons, age 18 or over. Work centers located in Temple and Killeen. Supervised job crews and supported employment available in the community.

Family Support Services: Support, assistance, and educational activities to the Family Members of mentally retarded and mentally ill persons.

CHILDTEAM: An Early Childhood Intervention program for children, birth to age 3 years, with developmental delays; physical therapy and education for child and Family. See agency CHILDTEAM for more information.

Comprehensive Diagnosis and Evaluation(D&E): A series of services (observations/examinations) performed by a group of specialists to form a diagnosis and make treatment recommendations for mentally retarded clients.

Case Management: Assignment of flexible/mobile case managers in the community to ensure MH and MR clients get all of the required services/social agency assistance needed, to ensure continuity of services for persons in center programming and to monitor progress toward the achievement of treatment objectives.

Crisis Hot Line: 24 HOUR HOT LINE (IMPACT), 1-800-888-4036; calls to MHMR centers after work hours automatically forwarded to IMPACT.

Out-Patient MH Services: Emergency and crisis intervention screenings, psychosocial and psychiatric assessments, client counseling, medication, and referrals to other center services or outside agencies as needed.

Central Texas Armed Services YMCA

415 North 8th Street
Killeen, TX 76541

Phone: (254) 634-5445

Hours: 8:30am to 5:30pm - Monday-Friday

Eligibility Requirements:

Fees: None

Agency:

Variety of programs for military/civilian personnel and dependents. Adult education: GED and ESL classes are held regularly.

Central Texas Council on Alcoholism and Drug Abuse

202 E. Beeline Lane
Harker Heights, TX 76548

Phone: (254) 690-4455

Hours: 8:00 a.m. to 5:00 p.m. Monday through Friday

Eligibility Requirements: . Must be 13 years old or older.

Fees: Based on sliding scale.

Intake procedure:

Agency: Drug Awareness Information And Referral Educational Ser

Out patient treatment for youth and adults who are abusing drugs and alcohol. Prevention programs for schools, churches, recreation centers, and alternative educational programs.

Individual sessions available by appointment.

Temple Office - 5100 Midway Drive, Suite, Temple, TX 3722

Central Texas Council on Alcoholism and Drug Abuse - Temple

5100 Midway Drive Suite 200-A
Temple, TX 76502

Phone: (254) 773-3722

Hours: Monday thru Friday 8:00am to 5:00pm.

Eligibility Requirements: Must be 13 years old or older.

Fees: Sliding fee scale; evaluations and offender service courses have set fees; must have proof of income.

Intake procedure:

Agency: Central Texas Council on Alcoholism and Drug Abuse

Out patient treatment for use and adults who are abusing drugs and alcohol. Prevention programs for schools, churches, recreation centers, detention centers, and alternative educational programs.

Central Texas Housing Assistance Programs (CTHAP)

302 East Central Avenue
Belton, TX 76513

Phone: (254) 939-5724

Hours: Monday 8:00am to 3:00pm; Tuesday thru Friday 8:00am to 5:00pm

Eligibility Requirements: Based on income and number of Family Members.

Fees: None

Intake procedure:

Agency: Central Texas Council of Governments (CTCOG)

Rental assistance (section 8 housing) in safe, decent, and sanitary housing for low-income families or individuals who are elderly, disabled, or handicapped. For location and hours nearest you call the main office in Belton.

Central Texas Network For Children With Special Needs

P.O. Box 3724
Temple, TX 76505

Phone: (254) 770-2353

Hours: 8:00am to 5:00pm - Monday thru Friday

Eligibility Requirements: Any parent or professional.

Fees: None.

Intake procedure:

Agency: Central Texas Network For Children With Special Needs

Interagency network to promote a partnership among families, professionals, and the community to ensure the opportunity for every child to reach his/her fullest potential.

Central Texas Workforce Center

300 Cheyenne
Killeen, TX 76542

Phone: (254) 200-2000

Hours: Monday thru Friday 8:00am to 5:00 pm

Eligibility Requirements: Any person seeking employment, career exploration, unemployment benefits, veteran services, & current & prospective employers.

Fees: None

Intake procedure: Call numbers listed.

Agency: Texas Workforce Commission (TWC)

The Central Texas Workforce Center offers employment services that include assistance for employers to find workers and job seekers to find jobs, access to unemployment insurance benefits, access to child care (information about child care services in the area, and information and assistance for care givers on continuing education), employment training, referrals to apprenticeship programs, employment services for ex-offenders, and employment and training services for veterans.

Centralized Catering

Business Operations Division
Building 5764
Fort Hood, TX 76544

Phone: (254) 287-5215

Hours:

Eligibility Requirements:

Fees:

Intake procedure:

Agency: Business Operations Division

Chapel Services

Various Locations
Fort Hood, TX 76544

Phone: (254) 287-1625

Hours: 9:00am to 4:30pm - Monday thru Friday

Eligibility Requirements: Open to all.

Fees: None.

Intake procedure:

Agency: Counseling / Chaplin Assistance

Chapel services include Family ministry, religious education, and worship services. The crisis hotline, 287-CHAP (2427), is a 24-hour hotline to assist people in extreme emergencies including abuse, death, serious illness, and suicide.

The Family Life Center, located in the Comanche Community Religious Education Facility, Building 52024, offers training and resources regarding marriage, Family counseling, and Family enrichment.

Fort Hood chaplains can provide personal, marital, and Family counseling. As members of the Clergy, their counseling is offered within the context of religious and spiritual values.

Chapel services and religious education include Catholic programs (CCD, catechism, marriage preparation), Protestant, Jewish, Islamic, and Orthodox Christian programs.

Fort Hood offers many worship services, seasonal events, unit religious activities, Bible studies and retreats, youth groups and adult groups.

Civilian Personnel Advisory Center - CPAC

Building 4220
77th Street & Tank Destroyer Blvd
Fort Hood, TX 76544

Phone: (254) 288-2022

Hours: 7:30am to 4:15pm - Monday thru Friday; Closed on all Training Holidays, and Federal/National Holidays.

Eligibility Requirements: Active Duty Soldiers, DoD Civilians (job applicants) and Family Members

Fees: None

Intake procedure: Bring photo ID.

Agency: Civilian Personnel Advisory Center - CPAC

Center offers computer lab with website resources for Government Service (GS) positions, Texas Workforce Commission, Fort Hood Contractor positions, AAFES, ACS, and Non-Appropriated Funded (NAF) positions on Fort Hood. The center offers a job board for area job vacancies.

Communities in Schools, Bell-Coryell Counties

4520 East Central Texas Expressway
Suite 106
Killeen, TX 76543

Phone: (254) 554-2132

Hours: 8:00am to 5:00pm - Monday thru Friday

Eligibility Requirements: Students eligible for free and/or reduced lunch; must meet at-risk TEA standards, Family conflict, or emotional crisis

Fees: None

Intake procedure: Call number listed.

Agency: Texas Education Agency (TEA)

Communities in Schools closely monitors the academics, behavior, and attendance of at-risk students in Bell and Coryell Counties through professional campus support addressing individual student needs, increased parental involvement, and closely supervised activities. Communities in Schools strives to promote students' staying in school and graduating, thereby improving their chances of success in life.

Cystic Fibrosis Foundation

3316 Bee Cave Road, Suite A
Austin, TX 78746

Phone: (512) 338-1744

Hours: Office Hours: 8:30am to 5:30pm - Monday thru Friday; Clinic - Children's Hospital at Santa Rosa Medical Center and Children's Hospital

Eligibility Requirements: Children and adults with lung or digestive diseases, if diagnosed as Cystic Fibrosis.

Fees: None

Agency: Cystic Fibrosis Foundation

Fundraising organization for research, public education, and patient referral to treatment centers.

Other location:

Children's Hospital at Scott & White

Temple, Texas 76508

Department of Aging and Disability Services

Health and Human Services Commissio
102 East Central Avenue, Suite 200
Temple, TX 76501

Phone: (254) 778-6751

Hours: 7:30am to 5:00pm - Monday thru Friday

Eligibility Requirements: Depends on program.

Fees: None

Agency: Texas Department of Human Services (TDHS)

Diabetes Support Group (Adult and Child)

Casa Ole
2730 E Hwy 190
Copperas Cove, TX 76522

Phone: (254) 542-5177

Hours: 7:00 PM - Usually 3rd or 4th Monday of every month

Eligibility Requirements:

Fees:

Agency: Support Groups

Early Childhood Intervention - ChildTeam Program

618 North Main Street
Temple, TX 76501

Phone: (254) 773-6787

Hours: Monday thru Friday 8:00am to 5:00pm

Eligibility Requirements: 0-3 years of age with developmental delay.

Fees: Sliding fee scale, minimal fees.

Intake procedure: Call numbers listed.

Agency: Central Counties Center for Mental Health Mental

Early identification and screening; interdisciplinary assessment; individualized Family service plan; case management; occupational/speech/physical therapies; special instruction; home visits and Family education; health and medical support services including vision, hearing, and nutritional services; social and psychological services; respite care; and inclusion opportunities.

Other Addresses:

1007 South Ann Blvd.
Harker Heights, TX 76548
FAX: 254-699-7293

Educare

P.O. Drawer 1367
Temple, TX 76503

Phone: (254) 773-8453

Hours: 24 Hours 7 Days; Office Hours: 8:00am to 5:00pm - Monday thru Friday

Eligibility Requirements: Mentally retarded adults 18 years or older.

Fees: Medicaid; sliding scale; negotiable with social worker.

Agency: Educare

Intermediate Care Facility (ICF) for Mentally Retarded Adults (ICFMR); long-term residential program for mild to severe mentally retarded adults. Services provided but not limited to, training in functional living skills (hygiene, cooking, budget, etc.); vocational skills; and social interaction. Supportive employment for disabled adults (clients) being trained to attain and retain employment. Competitive, integrated work setting for individuals with disabilities. Home based Community Service (HCS), home based care and education.

Exceptional Family Member Support Group - ACS

Rivers Building, Building 121, Room
Fort Hood, TX 76544

Phone: (254) 287-6070

Hours: 6:00 PM to 8:00 PM Every Fourth Monday of the month

Eligibility Requirements:

Fees:

Agency: Support Groups

The support group is sponsored by ACS Exceptional Family Member Program (EFMP). Participants share common experiences unique to special needs families and learn about new formation and resources. Funded childcare is provided - please sign up for this care.

Family Planning

1012 N. Drive
PO Box 887
Copperas Cove, TX 76522

Phone: (254) 547-1006

Hours: 8:00am to 12:00pm and 1:00pm to 5:00pm - Mondays thru Thursdays; Fridays 8:00am to 11:00am.
Closed Saturdays and Sunday.

Eligibility Requirements: Clients with an income at or below 100% of the Federal Poverty Income Guidelines are provided services free.

Fees: Teens up to 20 years of age are eligible for free services. All others, fees are based on Family size and total income.

Agency: Hill Country Community Action Association, Inc.

Assists individuals and families in meeting medical, economic, and environmental needs through the provision of quality, affordable, reproductive health care, education and counseling, and assistance with referrals to other social and medical resources. Clients are never denied services because of inability to pay. Services offered; pregnancy testing, sexually transmitted infections (STI) screening and treatment, pap smears, birth control, Family planning and HIV/AIDS testing.

Clinic Night every Wednesday after 5:00pm.

Did you know that volunteer service experience/training may be used on your resumes/job applications? Stop by the Lane Volunteer Center, BLDG 16005 on Old Ironsides Avenue for more details.



Family Planning - Bosque County

409 South Hill
PO Box 847
Meridian, TX 76665

Phone: (254) 435-2911

Hours: Office hours are 8:30am to 4:30pm - Mondays & Wednesdays; Doctors clinic is the 3rd Monday of each month at 5:30pm

Eligibility Requirements: Clients with an income at or below 100% of the Federal Poverty Income Guidelines are provided services free.

Fees: Teens up to 20 years of age are eligible for free services. All others, fees are based on Family size and total income.

Agency: Hill Country Community Action Association, Inc.

Assists individuals and families in meeting medical, economical, and environmental needs through the provision of quality, affordable, reproductive health care, education and counseling, and assistance with referrals to other social and medical resources. Clients are never denied services because of inability to pay. Services offered; pregnancy testing, sexually transmitted infections (STI) screening and treatment, pap smears, birth control, Family planning and HIV/AIDS testing.

Family Planning - Hill County

214 Bois D'Arc
Hillsboro, TX 76645

Phone: (254) 582-3403

Hours: Office open Tuesdays, Thursdays and Fridays only - 8:00 a.m. - 5:00 p.m. Doctors clinic is every Thursday.

Eligibility Requirements: Clients with an income at or below 100% of the Federal Poverty Income Guidelines are provided services for free.

Fees: Teens up to 20 years of age are eligible for free services. All others, fees are based on Family size and total income.

Intake procedure: Paperwork done on a walk-in basis. Appointments must be made for doctors clinic to include HIV/AIDS testing.

Agency: Hill Country Community Action Association, Inc.

Assists individuals and families in meeting medical, economical, and environmental needs through the provision of quality, affordable, reproductive health care, education and counseling, and assistance with referrals to other social and medical resources. Clients are never denied services because of inability to pay. Services offered; pregnancy testing, sexually transmitted infections (STI) screening and treatment, pap smears, birth control, Family planning and HIV/AIDS testing.

Family Planning - Lampasas County

500 E. 8th Street
Box 62
Lampasas, TX 76550

Phone: (512) 556-3389

Hours: 8:30am to 12:00pm & 1:00pm to 4:30pm - Monday and Tuesday

Eligibility Requirements: Clients with an income at or below 100% of the Federal Poverty Income Guidelines are provided services free.

Fees: Teens up to 20 years of age are eligible for free services. All others, fees are based on Family size and total income.

Agency: Hill Country Community Action Association, Inc.

Assists individuals and families in meeting medical, economical, and environmental needs through the provision of quality, affordable, reproductive health care, education and counseling, and assistance with referrals to other social and medical resources. Clients are never denied services because of inability to pay. Services offered; pregnancy testing, sexually transmitted infections (STI) screening and treatment, pap smears, birth control, Family planning and HIV/AIDS testing.

Family Planning - Limestone County

204 E. Commerce
PO Box 13
Mexia, TX 76667

Phone: (254) 562-6770

Hours: Monday thru Friday 8:00 a.m. - 5:00 p.m. Doctors clinic is the 2nd & 4th Tuesday of each month 6:30 p.m. - 9:00 p.m.

Eligibility Requirements: Clients with an income at or below 100% of the Federal Poverty Income Guidelines are provided services free.

Fees: Teens up to 20 years of age are eligible for free services. All others, fees are based on Family size and total income.

Agency: Hill Country Community Action Association, Inc.

Assists individuals and families in meeting medical, economical, and environmental needs through the provision of quality, affordable, reproductive health care, education and counseling, and assistance with referrals to other social and medical resources. Clients are never denied services because of inability to pay. Services offered; pregnancy testing, sexually transmitted infections (STI) screening and treatment, pap smears, birth control, Family planning and HIV/AIDS testing.

Did you know that the ACS Relocation Readiness
Branch offers a New Military Spouse Orientation?
Call 287-4471 for more information.

Family Planning - Milam County

1300 N. Austin Street
Box 603
Cameron, TX 76520

Phone: (254) 697-3101

Hours: Monday thru Friday 8:00 a.m. - 5:00 p.m. Closed from 1:00 - 2:00 p.m. daily.

Eligibility Requirements: Clients with an income at or below 100% of the Federal Poverty Income Guidelines are provided services free.

Fees: Teens up to 20 years of age are eligible for free services. All others, fees are based on Family size and total income.

Intake procedure: Appointments must be made. AIDS testing is done 2nd Monday of each month from 5:00-7:00 p.m. on a walk-in basis.

Agency: Hill Country Community Action Association, Inc.

Assists individuals and families in meeting medical, economical and environmental needs through the provision of quality, affordable, reproductive health care, education and counseling, and assistance with referrals to other social and medical resources. Clients are never denied services because of inability to pay. Services offered; pregnancy testing, sexually transmitted infections (STI) screening and treatment, pap smears, birth control, Family planning and HIV/AIDS testing.

Family Planning - Rockdale County

313 N. Main
Rockdale, TX 76567

Phone: (512) 446-6112

Hours: Monday thru Friday 8:00 a.m. - 5:00 p.m. Closed daily from noon to 1:00 p.m.

Eligibility Requirements: Clients with an income at or below 100% of the Federal Poverty Income Guidelines are provided services for free.

Fees: Teens up to 20 years of age are eligible for free services. All others, fees are based on Family size and total income.

Intake procedure: Apointments must be made. HIV/AIDS testing is provided on the first Thursday of every other month 5-7 p.m. Walk-in basis.

Agency: Hill Country Community Action Association, Inc.

Assists individuals and families in meeting medical, economical, and environmental needs through the provision of quality, affordable, reproductive health care, education and counseling, and assistance with referrals to other social and medical resources. Clients are never denied services because of inability to pay. Services offered; pregnancy testing, sexually transmitted infections (STI) screening and treatment, pap smears, birth control, Family planning and HIV/AIDS testing.

Family Planning - San Saba County

306 East Wallace
PO Box 846
San Saba, TX 76877

Phone: (915) 372-5781

Hours: Monday thru Friday 8:00 a.m. - 5:00 p.m. Closed daily from noon to 1:00 p.m.

Eligibility Requirements: Clients with an income at or below 100% of the Federal Poverty Income Guidelines are provided services free.

Fees: Teens up to 20 years of age are eligible for free services. All others, fees are based on Family size and total income.

Intake procedure: Appointments must be made. Call for HIV/AIDS testing dates and times.

Agency: Hill Country Community Action Association, Inc.

Assists individuals and families in meeting medical, economical, and environmental needs through the provision of quality, affordable, reproductive health care, education and counseling, and assistance with referrals to other social and medical resources. Clients are never denied services because of inability to pay. Services offered; pregnancy testing, sexually transmitted infections (STI) screening and treatment, pap smears, birth control, Family planning and HIV/AIDS testing.

Family Violence Support Group

Families in Crisis
Fort Hood, TX 76544

Phone: (254) 634-1184

Hours: Every Tuesday (Call First)

Eligibility Requirements:

Fees:

Agency: Support Groups

Free and confidential.

Did you know...

- Army Family Team Building (AFTB) classes help military Families become more self-reliant and informed by providing information about resources on how to respond to Family issues that relate to Army life, as well as customized information about our community?
- Attendees of AFTB classes are provided free childcare on site, with prior registration? Just call the installation AFTB office, 286-6600 for more information or to sign up for training!

For Kids' Sake Parenting Education

Building 21007
Old Ironsides & 53rd Street
Fort Hood, TX 76544

Phone: (254) 288-1757

Hours: Monday-Thursday 0900 to 1600. Classes are held twice a month 9:00am to 1:00pm on Wednesdays

Eligibility Requirements: Parents involved in a divorce, motion to modify, or other suits involving the parent/child relationship. Military personnel and their dependents; must show identification.

Fees: No cost for military personnel and their Family Members. Fee applies for those not associated with the military.

Intake procedure: Call Chaplain Family Life Center to register for class.

Agency: Plano Bar Association

For Kids' Sake seminars are designed to help parents gain insight into the needs of their children during the transition of divorce. It was developed out of concern for the effects divorce creates for children. Divorce is a very painful and confusing experience for all children. Most parents will not have the skills necessary to help their children with the resulting change and loss that divorce brings. The 4-hour seminar is an educational model. It does not deal with personal or legal issues, nor is it a counseling experience. This program fulfills the Bell County Texas 4-hour parent education requirement. Certificate will be awarded to participant at completion of the seminar to satisfy requirement.

Fort Hood Area Enlisted Spouses Club

5203-2 Wales Street
Fort Hood, TX 76544

Phone: (254) 539-9767

Hours: Meetings the third Thursday of every month at 7:00pm at the Montague Community Life Building on West Ft. Hood or as otherwise stated.

Eligibility Requirements: Any spouse of military personnel E-1 through E-9, active duty and retired.

Fees: Annual membership fee \$10

Intake procedure: Complete membership application and pay membership fee

Agency: Fort Hood Area Enlisted Spouses Club

The Fort Hood Enlisted Spouses' Club is an organization consisting of spouses of military personnel, E-1 through E-9, active duty and retired. The success of the club is due in part to the diverse membership. The wisdom and strength of those familiar with military life is combined with the energy and fresh ideas of the new spouses to the military, creating an atmosphere unlike any other.

Fort Hood Family Housing

Building 18010
Fort Hood, TX 76544

Phone: (254) 287-3704

Hours: 7:30am to 4:00pm - Monday thru Friday

Eligibility Requirements: Active duty military members with dependents.

Fees: None

Intake procedure: Soldiers are required to provide their orders assigning them to Fort Hood, DA 31. Off-post reference lists available.

Agency: Department of Public Works

The Housing Referral Office provides assistance in obtaining suitable off-post (private rental) housing. Low income housing is also available for eligible military personnel. Waivers for utility deposits may also be available for eligible military personnel, and may be obtained from this office. Housing Office also places military personnel on waiting lists for on-post quarters.

Friendship House - Senior Center

1609 E. Avenue I
Temple, TX 76501

Phone: (888) 588-9632

Hours: 9:00am to 2:00pm - Monday thru Friday

Eligibility Requirements: For senior citizen programs: Elderly and disabled persons. For Meals on Wheels: Persons 60 years old & older and disabled persons. All other programs open to the public

Fees: None. Donations of \$2 accepted for meals and transportation.

Agency: Temple Housing Authority

Social services such as general information to individuals in need of assistance; referrals made to other programs, services, resources; assessments; advocacy; visits; case management; evaluations; and counseling. Senior citizen programs activities include: congregate nutrition, socialization, arts, and crafts, cards, dominoes, exercise, dances, trips, holiday festivities, special projects, health and nutrition education, health screenings, outreach, transportation, coordination with other agencies for special programs, and computer classes. A nutritious lunch provided 5 days a week at noon for those meeting the eligibility status (Meals-on Wheels). Meals provided by Hill Country Community Action, Inc. Center operated under Temple Housing Authority.

Did you know that Family Readiness Group Leaders can attend the monthly Rear Detachment Officer Course through the Mobilization and Deployment program? Visit our web site at www.hoodmwr.com/mobdep.html for more info.

Gatesville Housing Authority

213 N. 14th Street
Gatesville, TX 76528

Phone: (254) 865-2970

Hours: 8:30am to 12:30pm & 1:30pm to 5:00pm - Monday thru Friday

Eligibility Requirements: Varies according to income, Family size and project.

Fees: None

Intake procedure: Applications can be mailed or provided on a walk in basis.

Agency: Gatesville Housing Authority

Affordable public housing to qualifying low income families, elderly, and disabled persons in the Gatesville area. The Housing Authority of Gatesville offers four complexes, two elderly projects and two elderly/Family projects, for a combined total of 156 units.

Golden Haven

505 North 2nd Street
Temple, TX 76501

Phone: (325) 372-5167

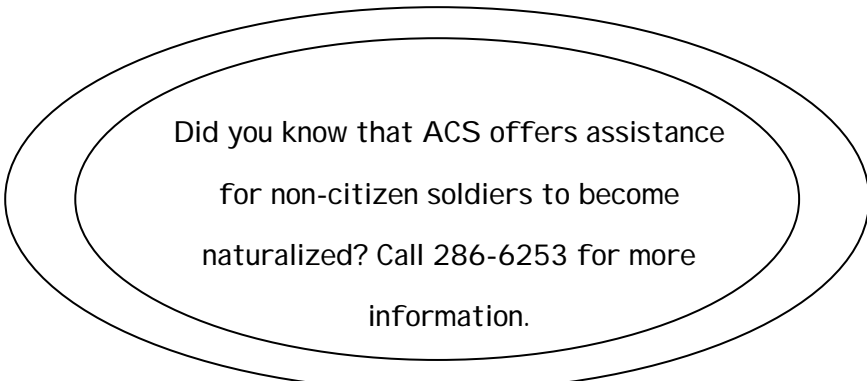
Hours: 8:00am to 4:00pm - Monday thru Friday

Eligibility Requirements: Persons 60 years old and older

Fees: None.

Agency: Hill Country Community Action Nutrition Program

Provides comprehensive services for the elderly. Services are provided for persons 60 years old and older which include: outreach, information and referral, health related services, arts and crafts, recreation, physical fitness, instruction and training, and other special emphasis services and activities. Additional programs include nutrition, transportation, homemaker, emergency energy and homeless assistance, weatherization, and community services block grant assistance. Hot noon meals home delivered to TDHS eligible clients in Milam County, Belton, and Killeen. This center also offers the Retired & Senior Volunteer Program (RSVP).



Did you know that ACS offers assistance
for non-citizen soldiers to become
naturalized? Call 286-6253 for more
information.

Graham Hall

100 N. 7th Street
Temple, TX 76501

Phone: (254) 773-6226

Hours: 8:00am to 12:00pm - Monday thru Friday

Eligibility Requirements: No eligibility requirements for social services; 60 years of age or older, or a spouse of someone over 60 to be eligible for senior citizen program activities. Four programs for Meals-on-Wheels: (1) Federal C-2 Home Delivered Meals, (2) Department of Human Services (Title XX), (3) Omnibus Hunger Program, and (4) Options. For the C-2 Program: qualify by having needs which prevent attending a center and/or preparing own food. The TDHS Program: eligibility through income guidelines and an in-home assessment. For the Omnibus Program: qualify by being on a waiting list, being hospital discharged or being a new client. For Options: eligibility determined by the Area Agency on Aging, referrals by hospital discharge planners, and social workers.

Fees: No fees for those over 60 years old; donations requested for meals and transportation.

Agency: Hill Country Community Action Association, Inc.

Nutrition Site under Hill Country Community Action Association, Inc., San Saba, Texas.

Social services such as general information to individuals in need of assistance; referrals made to other programs, services, resources; assessments; advocacy; visits; case management; evaluations; and counseling. Senior citizen program activities include: congregate nutrition, socialization, arts, and crafts, cards, dominoes, exercise, dances, trips, holiday festivities, special projects, health and nutrition education, health screenings, outreach, transportation, coordination with other agencies for special programs. A nutritious lunch provided 5 days a week at noon for those meeting the eligibility status (Meals-on-Wheels).

Greater Fort Hood Area Mothers and More

Fort Hood, TX 76544

Phone: (254) 547-6566

Hours: Varies, call for details.

Eligibility Requirements: Any mother interested in enriching her and her children's lives.

Fees: \$45 annual membership

Intake procedure: Call local chapter to find out about next meeting dates

Agency: Mothers and More

Mothers and More is a non-profit organization dedicated to improving the lives of mothers through support, education and advocacy. We address mothers' needs as individuals and members of society and promote the value of all the work mothers do. One of the primary services is a nationwide network of local chapters for mothers who are - by choice or circumstance - altering their participation in the paid workplace over the course of the active parenting years. Come together for evening meetings to build friendships, learn from one another, and share the triumphs and joys of motherhood. Meetings are every 4th Thursday of the month at the Killeen Community Center.

During the day, come together with our kids to enjoy different fun activities such as mom & tot activities, brunch buddies, Mom's Night Out, playgroups, Family activities and a monthly newsletter.

Greater Killeen Area's Promise

215 W. Avenue D
Killeen, TX 76540-1329

Phone: (254) 501-7878

Hours: 8:00am to 5:00pm - Monday thru Friday. Exceptions: Office may be closed or closed early due to planned events.

Eligibility Requirements: Anyone interested in volunteering.

Fees: None

Intake procedure: Call number listed

Agency: Killeen Volunteers, Inc.

Our obligation is to assure all young Americans have caring adults in their lives, as parents, teachers, mentors, tutors, and coaches; safe places with structured activities in which to learn and grow; a healthy start and healthy future; an effective education that equips them with marketable skills, and an opportunity to give back to their communities through their own service.

Greater Killeen Free Clinic

309 North Second Street
Killeen, TX 76541

Phone: (254) 519-3898

Hours: Monday and Thursday evenings only. Patients are seen from 5:00 pm to 6:00 pm, on a first come, first serve basis.

Eligibility Requirements: Low-income children and adults who cannot afford traditional medical care.

Fees: None.

Intake procedure: First come, first serve during days/hours listed. Bring ID, proof of income, proof of residency & patients social security #.

Agency: Greater Killeen Free Clinic

Provides free healthcare to low-income children and adults in Central Texas. The clinic serves as a safety net for those who cannot afford traditional medical care. Care includes treatment, diagnostic testing, subspecialty care, free medications, immunizations, Family planning and referrals to other medical services for further care, if needed. Care is limited to non-emergency, acute illnesses.

Did you know that when you register to volunteer through the Installation Volunteer Office, you could get up to 50 hours of funded childcare while volunteering? Some exceptions do apply. Call 287-VOLS to make an appointment to find out more about this tremendous opportunity.

HCCAA - Child Care Management Services (CCMS)

300 Cheyenne Drive
Killeen, TX 76542

Phone: (254) 200-2250

Hours: 8:00am to 5:00pm - Monday thru Friday. Tuesday the care center is open until 7:00pm

Eligibility Requirements: Low income and income based eligibility.

Fees: None.

Agency: Hill Country Community Action Association, Inc.

Child Care Management Services is operated through the Hill Country Action Association. Its goals are to prevent the abuse and neglect of children; enable low income parents to work or to receive training for work; support the physical, emotional and intellectual development of children. CCMS also helps families locate licensed and registered providers, educates parents on how to select child care, manages waiting lists and pays providers who care for eligible children. Program is administered by the Killeen Workforce Center.

HCCAA - Community Services Block Grant

2905 West Wallace
San Saba, TX 76877

Phone: (325) 372-5167

Hours: 8:00am to 5:00pm - Monday thru Friday

Eligibility Requirements: Income based.

Fees: None.

Intake procedure: Services are available through the Multi-Service Senior Centers. Contact your area center for more information.

Agency: Hill Country Community Action Association, Inc.

The goal of the Community Services Block Grant Program is to support efforts in identifying and eliminating the causes of poverty and to help solve problems which block the achievement of economic self-sufficiency. CSBG funds are used to provide services such as employment referrals, education, financial counseling, emergency assistance, housing, and nutrition to families in a nine-county area. CSBG Case Managers assist families to transition out of poverty by providing information and referral, consultation, counseling, and follow-up visits.

HCCAA has been able to utilize the CSBG funds to assist in the development of linkages with other agencies to bring about institutional change in order to better serve the clients and the communities.

HCCAA - Energy Assistance

2905 West Wallace
San Saba, TX 76877

Phone: (325) 372-5167

Hours: 8:00am to 5:00pm - Monday thru Friday

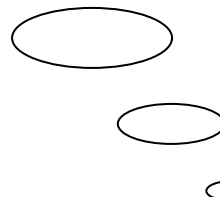
Eligibility Requirements: For assistance contact the Bell County Human Services office or your local Multi-Service Senior Center. Income based.

Fees: None.

Agency: Hill Country Community Action Association, Inc.

Assists income eligible households that are in danger of having their utilities terminated or are experiencing other energy-related emergencies. Program consists of energy crisis, co-payment for utilities, elderly/disabled, repair/replacement/or retrofit of inefficient heating and cooling appliances. Emergency Nutrition/Temporary Emergency Relief Program (ENTERP) and General Revenue funds also provide the following: emergency assistance for food, utilities, shelter, rent, and transportation.

Did you know AER provides undergraduate-level education scholarships to children of soldiers, and provides assistance to widows of retired or active duty soldiers?



HCCAA - Head Start

P.O. Box 846
San Saba, TX 76877

Phone: (327) 372-6128

Hours: Hours vary by location.

Eligibility Requirements: Lower income families

Fees: None

Agency: Hill Country Community Action Association, Inc.

Head Start is a comprehensive child development program designed to meet the needs of the 3, 4, and 5 year olds of lower income families. Components emphasized are education, health (medical, dental, nutrition, and mental health), and social service. Parent involvement is an essential part of program planning. Head Start represents an organized method of assisting families to assess their needs. Special needs children receive a full range of Head Start developmental services. Head Start also offers information & referral services to families of children enrolled.

Various locations throughout the Central Texas area provide these services. Contact the main office to find out more information about the location nearest you.

Individual Locations:

	Gatesville	101 N. 20th Street (254) 634-1886
Belton	1105 Saunders (254) 865-5423	Temple
807 W. Avenue I (254) 939-7841	Harker Heights	1807 Curtis Elliott Dr. (254) 778-7616
800 Shady Lane #733 (254) 939-9335	200 South Harley (254) 690-1325	1811 E. Avenue K (254) 778-5558
Copperas Cove	Lampasas	515 E. Avenue D (254) 773-7195
1008 North Dr. (254) 547-1771	500 E. 8th St. (512) 556-2555	610 W. Barton Avenue (Hal Rose) (254) 899-1949
1202 W. Ave. B (CC Park) (254) 547-4465	Killeen	3915 S. 31st St. (254) 770-3040
806 Leonhard St. (Sunshine) (254) 547-0769	814-D W. Ave. C (254) 526-5095	
Ft. Hood	100 E. Ave. A (254) 634-3055	Troy
Comanche CDC (254) 532-1994	918 Rev. R.A. Abercrombie Dr. (Marlboro Heights) (254) 690-8333	902 E. Austin St. (254) 938-2570

HCCAA - Weatherization

2905 West Wallace
San Saba, TX 76877

Phone: (915) 372-5167

Hours:

Eligibility Requirements: Households receiving AFDC & SSI are eligible, all others must be below the 125% poverty level to be eligible.

Fees: None.

Intake procedure: To apply for services, contact the Multi-Service Senior Center in your area, the Central HCCAA office, or the Bell County Human Service Office.

Agency: Hill Country Community Action Association, Inc.

This program provides weatherization assistance to low-income individuals and families to increase energy efficiency for homes and decrease utility bills for individuals on fixed incomes. The Department of Energy provides the income guidelines for this program.

Health and Human Services Commission

315 East Avenue D
Killeen, TX 76541

Phone: (254) 519-7500

Hours: 7:30am to 5:00pm - Monday thru Friday

Eligibility Requirements: Depends on program.

Fees: None

Intake procedure:

Agency: Texas Department of Human Services (TDHS)

Aid to Families with Dependent Children (AFDC): Determines eligibility for assistance of families with children 18 years of age and under who are deprived of parental support. (Offices in all counties.)

Early Periodic Screening, Diagnosis, and Treatment (EPSDT): Free medical and dental check-ups, follow-up medical and dental. Transportation provided if needed and worker can schedule the appointments. Must be eligible for Medicaid and be 21 years of age or younger. (Offices in all counties.)

Employment: Assistance in overcoming obstacles to employment, i.e., day care, education, job training, language, health, housing, food, clothing, and referral to other resources. Must be receiving AFDC and Medicaid. (Offices in Temple, Belton, Killeen, Copperas Cove, Gatesville, and Rockdale.)

Food Stamps: Enables eligible households to purchase food through the redemption of food stamps to provide a more nutritious diet. Household must have a net income below levels set by the Federal government and meet resource guidelines. (Offices in all counties.)

Additional Locations:

Copperas Cove

317 Casa Drive
Copperas Cove, TX
76522
(254) 547-4286

Gatesville

1409 E Main St.
Gatesville, TX 76528
(254) 865-7291

Lampasas

204 Riverview Dr.
Temple, TX 76550
(512) 556-3629

Temple

102 E. Central Ave.
Suite 100
Temple, TX 76501
(254) 778-6751

Health and Human Services Commission - Cameron

204 North Central
Temple, TX 76501

Phone: (254) 697-6695

Hours: 7:30am to 5:00pm - Monday thru Friday

Eligibility Requirements: Depends on program.

Fees: Fee structure is available upon request.

Agency: Texas Department of Human Services (TDHS)

Aid to Families with Dependent Children (AFDC): Determines eligibility for assistance of families with children 18 years of age and under who are deprived of parental support. (Offices in all counties.)

Early Periodic Screening, Diagnosis, and Treatment (EPSDT): Free medical and dental check-ups, follow-up medical and dental. Transportation provided if needed and worker can schedule the appointments if needed. Must be eligible for Medicaid and be 21 years of age or younger. (Offices in all counties.)

Employment: Assistance in overcoming obstacles to employment, i.e., day care, education, job training, language, health, housing, food, clothing, and referral to other resources. Must be receiving AFDC and Medicaid. (Offices in Temple, Belton, Killeen, Copperas Cove, Gatesville, and Rockdale.)

Food Stamps: Enables eligible households to purchase food through the redemption of food stamps in normal channels of trade, in order to provide a more nutritious diet. Household must have a net income below levels set by the Federal government and meet resources guidelines. (Offices in all counties.)

Health and Human Services Commission - Goldthwaite

County Courthouse
P.O. Box 365
Temple, TX 76501

Phone: (915) 648-2710

Hours: 7:30am to 5:00pm - Monday thru Friday

Eligibility Requirements: Depends on program.

Fees: None

Agency: Texas Department of Human Services (TDHS)

Aid to Families with Dependent Children (AFDC): Determines eligibility for assistance of families with children 18 years of age and under who are deprived of parental support. (Offices in all counties.)

Early Periodic Screening, Diagnosis, and Treatment (EPSDT): Free medical and dental check-ups, follow-up medical and dental. Transportation provided if needed and worker can schedule the appointments if needed. Must be eligible for Medicaid and be 21 years of age or younger. (Offices in all counties.)

Employment: Assistance in overcoming obstacles to employment, i.e., day care, education, job training, language, health, housing, food, clothing, and referral to other resources. Must be receiving AFDC and Medicaid. (Offices in Temple, Belton, Killeen, Copperas Cove, Gatesville, and Rockdale.)

Food Stamps: Enables eligible households to purchase food through the redemption of food stamps in normal channels of trade, in order to provide a more nutritious diet. Household must have a net income below levels set by the Federal government and meet resources guidelines. (Offices in all counties.)

Health and Human Services Commission - Hamilton

103 N. Parkhill Drive
P.O. Box 113
Temple, TX 76501

Phone: (254) 386-8965

Hours: 7:30am to 5:00pm - Monday thru Friday

Eligibility Requirements: Depends on program.

Fees: None

Agency: Texas Department of Human Services (TDHS)

Aid to Families with Dependent Children (AFDC): Determines eligibility for assistance of families with children 18 years of age and under who are deprived of parental support. (Offices in all counties.)

Early Periodic Screening, Diagnosis, and Treatment (EPSDT): Free medical and dental check-ups, follow-up medical and dental. Transportation provided if needed and worker can schedule the appointments if needed. Must be eligible for Medicaid and be 21 years of age or younger. (Offices in all counties.)

Employment: Assistance in overcoming obstacles to employment, i.e., day care, education, job training, language, health, housing, food, clothing, and referral to other resources. Must be receiving AFDC and Medicaid. (Offices in Temple, Belton, Killeen, Copperas Cove, Gatesville, and Rockdale.)

Food Stamps: Enables eligible households to purchase food through the redemption of food stamps in normal channels of trade, in order to provide a more nutritious diet. Household must have a net income below levels set by the Federal government and meet resources guidelines. (Offices in all counties.)

Health and Human Services Commission - Rockdale

313 North Main Street
P.O. Box 152
Temple, TX 76501

Phone: (512) 446-2543

Hours: 7:30am to 5:00pm - Monday thru Friday

Eligibility Requirements: Depends on program.

Fees: None.

Agency: Texas Department of Human Services (TDHS)

Aid to Families with Dependent Children (AFDC): Determines eligibility for assistance of families with children 18 years of age and under who are deprived of parental support. (Offices in all counties.) Determine eligibility for long-term care.

Employment: Assistance in overcoming obstacles to employment, i.e., day care, education, job training, language, health, housing, food, clothing, and referral to other resources. Must be receiving AFDC and Medicaid. (Offices in Temple, Belton, Killeen, Copperas Cove, Gatesville, and Rockdale.)

Food Stamps: Enables eligible households to purchase food through the redemption of food stamps in normal channels of trade, in order to provide a more nutritious diet. Household must have a net income below levels set by the Federal government and meet resources guidelines. (Offices in all counties.)

Hill Country Service Center - Killeen

916 Rev. R.A. Abercrombie Drive
Killeen, TX 76543

Phone: (254) 699-8888

Hours: 8:00am to 4:00pm - Monday thru Friday

Eligibility Requirements: Persons 60 years old & older. Delivered meal program is based on assessment by Services Coordinator. DHS program is based on income.

Fees: Donations only.

Agency: Hill Country Community Action Association, Inc.

Provide comprehensive services for the elderly. Services are provided for persons 60 years old and older which include: outreach, counseling, information and referral, health related services, arts and crafts, recreation, physical fitness, instruction and training, and other special emphasis services and activities. Additional programs include nutrition, transportation, homemaker, emergency energy and homeless assistance, weatherization, and community services block grant assistance. Hot noon meals home delivered to Texas Dept. of Human Services (TDHS) eligible clients in Milam County, Belton and Killeen. This center also offers the Retired & Senior Volunteer Program (RSVP).

HOP - Public Transportation Killeen Division

1309 Martin Luther King Jr. Blvd.
Killeen, TX 76543

Phone: (244) 616-6800

Hours: Administrative Offices: 8:00am to 5:00pm - Monday thru Friday

Eligibility Requirements: Any citizen in community; also is equipped to handle disabled, blind and handicapped persons.

Fees: \$1 fare. Reduced fares are available to students, senior citizens and the disabled; however, applications are required along with proof of status.

Intake procedure: See route schedule for stop locations and routes.

Agency: Hill Country Transit District

Hill Country Transit District, a political subdivision of the State of Texas, is the regional public transportation provider for the Central Texas area, operating both rural and urban transportation services. Funding is provided by the Federal Transit Administration, the State Public Transportation Fund, the Texas Department of Health, the Texas Department on Aging, Community Development Block Grant funds, and various sources of local funds. Passengers whose trips are not subsidized are required to pay a fare based upon the posted fare schedule. Specific operational information for each division is listed under each program.

HOP - Public Transportation Rural Route

Rural Division
PO Box 217
San Saba, TX 76501

Phone: (800) 791-9601

Hours: 7:00am to 5:00pm - Monday thru Friday (hours are based on local needs)

Eligibility Requirements: Blind, disabled, elderly or low income persons.

Fees: Passengers whose trips are not subsidized are required to pay a fare based upon the posted fare schedule.

Intake procedure: 24-hour advance reservation required

Agency: Hill Country Transit District

Regional public transportation provider for the Central Texas area. 50 vans and small buses which are lift and non lift-equipped.

Housing Authority - Belton

715 Saunders Street
Belton, TX 76513

Phone: (254) 939-5321

Hours: 8:00am to 5:00pm - Monday thru Friday

Eligibility Requirements: Varies according to income, Family size and project.

Fees: None

Intake procedure: Applications accepted on a walk-in basis.

Agency: Temple Housing Authority

Offers affordable housing to qualifying low income families, elderly and disabled persons in Belton. 196 units available in Belton.

Did you know that 96% of every dollar contributed to AER goes to help soldiers, and in 2001 AER assisted 57,000 active duty and retired soldiers and Family Members with more than \$39 million?

Housing Authority of Bell County - Killeen

731 Wolf Street
Killeen, TX 76541

Phone: (254) 634-5243

Hours: Administrative Hours: 8:00am 5:00pm. Mon thru Fri. Customer Hours: 9:00am to 12:00pm; 1:00pm to 4:00pm - Mon thru Thur; Fri, 9:00am t

Eligibility Requirements: Varies according to income, Family size, and project.

Fees: None

Intake procedure: Applications accepted 9:00am to 11:00am - Tuesdays and Thursdays.

Agency: Housing Authority of Bell County - Killeen

Offers affordable housing to qualifying low income elderly persons, disabled persons and families in the Killeen area.

Community Service Center provides Internet service and is open to the public. Center also offers English as a second language, GED classes, free summer recreation for children (funded by the City); after school program from 3:30pm to 5:00pm (school teachers come on-site to assist children.)

Housing Authority of Copperas Cove

701 Casa Circle
Copperas Cove, TX 76522

Phone: (254) 547-9449

Hours: 8:00am to 5:00pm - Monday thru Friday

Eligibility Requirements: Varies according to income, Family size, and project.

Fees: None

Intake procedure: Applications accepted on a walk-in basis.

Agency: Housing Authority of City of Copperas Cove

Offers affordable public housing to qualifying low income families, elderly and disabled persons in the Copperas Cove area. They have 4 projects for a combined total of 100 duplex units.

Housing Authority of Hamilton

920 S. Dempster
Hamilton, TX 76531

Phone: (254) 386-5281

Hours: Monday, Wednesday and Friday 9:00 am to 12:00 pm

Eligibility Requirements: Varies according to income, Family size and project.

Fees: None

Intake procedure: Must come in to complete application during business hours.

Agency: Central Texas Council of Governments (CTCOG)

Affordable public housing to qualifying low income families, elderly and disabled persons in the Hamilton area. Housing Authority of Hamilton offers 2 complexes with 20 Family units and 18 elderly units.

Housing Authority of Lampasas County - Lometa

PO Box 220
Lometa, TX 76853

Phone: (512) 752-3588

Hours: 9:00am to 12:00pm - Monday thru Friday
5:00pm to 7:00pm - Thursday

Eligibility Requirements: Varies according to income, Family size, and apartment size

Fees: Rent depends on income. \$100.00 deposit/ \$50.00 deposit for elderly 62 yrs or older.

Intake procedure: Applications can be mailed or picked up at office during office hours.

Agency: Housing Authority of Lampasas County - Lometa

Offers affordable public housing to qualifying low income families, elderly and disabled persons. 1, 2 & 3 Bedroom apartments. Tenant is responsible for gas, electric, phone and cable. Water & Trash service is paid. No public transportation available in Lometa.

Housing Authority of San Saba County - San Saba

1601 West Dry Street
San Saba, TX 76877

Phone: (325) 372-5236

Hours: 9:00am to 3:00pm - Monday thru Friday

Eligibility Requirements: Varies according to income, Family size and project.

Fees: None

Intake procedure: Applications can be mailed or provided on a walk-in basis.

Agency: Housing Authority of San Saba County - San Saba

Offers affordable public housing to qualifying low income families, elderly, and disabled persons in the San Saba area. 2 projects available in San Saba for a combined total of 50 units.

Housing Authority of Temple

700 West Calhoun
Temple, TX 76503-1326

Phone: (254) 773-2009

Hours: 8:00am to 5:00pm - Monday thru Friday

Eligibility Requirements: Varies according to income, Family size, and particular project.

Fees: Security deposit varies according to project. \$25 application fee required for Rain Tree and Adam's Bend Apartments.

Intake procedure: Applications accepted 9:00am to 11:30am AND 1:30pm to 4:30pm - Monday thru Friday. EXCEPT the 1st & 5th day of each month.

Agency: Temple Housing Authority

Temple Housing Authority provides affordable, safe, and professionally managed housing of reasonable quality for low income persons. Temple Housing Authority offers 342 units for the elderly, 340 units for the low income and 269 open market units. A home ownership program is also available to assist persons in owning their own home by offering no-interest down payment assistance deferred loans for qualified home buyers.

Lone Star Legal Aid - Belton

512 South Main Street
Belton, TX 76513

Phone: (254) 939-5773

Hours: 8:00am to 5:00pm - Monday thru Friday; Hotline hours are 9:00am to noon - Tuesdays, Wednesdays, & Thursdays; Application line open 12:00

Eligibility Requirements: Families/individuals with less than 125% of the Federal poverty level. Must meet income and asset guidelines.

Fees: No lawyer fees. Some court filing fees may apply depending on case.

Intake procedure: Applications taken by phone Monday thru Thursday only by calling 800-234-6606 or 254-939-1626, 8:30am to 12:00 noon.

Agency: United Way of the Greater Fort Hood Area

Residents can receive legal assistance and information for civil matters, such as consumer, housing, social security, SSI, food stamps, and Family law. Lone Star does not handle criminal cases, account claims, personal injury, wrongful death, or other fee generating cases. Lone Star also does not represent persons who are in jail or prison. Cases are reviewed and some may be referred to private attorneys who work pro-bono or for reduced fees.

Martha's Kitchen/Shelter/Clinic

410 W. Avenue G
Temple, TX 76504

Phone: (254) 770-0515

Hours: 24 hours, every day. Shelter sign-in between 4:00pm - 8:00pm. If referred by another agency, admitted anytime.

Eligibility Requirements: Income knowledge necessary for help with clothing. No questions asked for meals. Open to anybody in need.

Fees: None

Intake procedure: Walk-in or referral.

Agency: Martha's Kitchen

Provides three hot meals a day 7 days a week for the hungry. Emergency shelter for men, women, and children: Men's dorm, and women's and children's dorm. Referrals to other agencies; clothing given by referral. Spiritual outreach for religious purposes offered once a week. Helps needy families with furniture by agency referral only. Clothing Vouchers can be redeemed on Saturdays only from 9:00am to 12:00pm.

Martha's Clinic is funded and run by Scott & White. Hours of operation are: Every 1st and 3rd Tuesday and every Wednesday from 6:00pm to 8:00 or 8:30pm.

Mexia State School

P.O. Box 1132
 Mexia, TX 76667

Phone: (254) 562-2821

Hours: Office 8:00am to 5:00pm - Monday thru Friday; 24-hour residential care facility.

Eligibility Requirements: Individuals deemed with severe behavioral and emotional problems under state law.

Fees: Services cannot be denied due to inability to pay; non-Medicaid services are provided by community centers based on a sliding scale.

Intake procedure:

Agency: TX Dept of Mental Health and Mental Retardation (MHMR)

There are two Specialized Treatment Units that serve individuals with severe behavioral and/or emotional problems from other State Schools; Developmentally Disabled Delinquents committed under Chapter 55 of the Texas Family Code, and adult clients admitted under Chapter 46.02 of the Texas Criminal Code who have been determined “;not manifestly dangerous.”; Located in central Texas 3 miles outside the City of Mexia, the facility provides a quality of life and developmental opportunities normally associated with a caring professional staff, well-trained direct care staff, and quiet rural setting.

Multi-Service Senior Center - Belton

842 South Mitchell Street
 Belton, TX 76513

Phone: (254) 939-1170

Hours: 8:00am to 4:00pm - Monday thru Friday

Eligibility Requirements: Persons 60 years +. Delivered meal program is based on assessment by Services Coordinator, Dept. of Human Services. Program is based on income.

Fees: None

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Provides comprehensive services for the elderly. Services are provided for persons 60 years old and older which include: outreach, counseling, information and referral, health related services, arts and crafts, recreation, physical fitness, instruction and training, and other special emphasis services and activities. Additional programs include nutrition, transportation, homemaker, emergency energy and homeless assistance, weatherization and community services block grant assistance. Hot noon meals home delivered to Texas Dept. of Human Services (TDHS) eligible clients in Milam County, Belton and Killeen. This center also offers the Retired & Senior Volunteer Program (RSVP).

Multi-Service Senior Center - Gatesville

208 N. Lutterloh
Gatesville, TX 76528

Phone: (254) 865-8234

Hours: 8:00am to 4:00pm - Monday thru Friday

Eligibility Requirements: Persons 60 years old & older. Delivered meal program is based on assessment by Svcs Coord. DHS program is based on income.

Fees: None

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Provides comprehensive services for the elderly. Services are provided for persons 60 years old and older which include: outreach, counseling, information and referral, health related services, arts and crafts, recreation, physical fitness, instruction and training, and other special emphasis services and activities. Additional programs include nutrition, transportation, homemaker, emergency energy and homeless assistance, weatherization and community services block grant assistance. Hot noon meals home delivered to Texas Dept. of Human Services (TDHS) eligible clients in Milam County, Belton and Killeen. This center also offers the Retired & Senior Volunteer Program (RSVP).

Multi-Service Senior Center - Hamilton

204 E. Gentry
Box 305
Hamilton, TX 76531

Phone: (254) 386-3676

Hours: 8:00am to 4:00pm - Monday thru Friday

Eligibility Requirements: Persons 60 years old & older. Delivered meal program is based on assessment by Services Coordinator.

Fees: None

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Provide comprehensive services for the elderly. Services are provided for persons 60 years old and older which include: outreach, counseling, information and referral, health related services, arts and crafts, recreation, physical fitness, instruction and training, and other special emphasis services and activities. Additional programs include nutrition, transportation, emergency energy and homeless assistance, weatherization, and community services block grant assistance. Home delivered meals program (Meals-on-Wheels) and the Retired & Senior Volunteer Program (RSVP) is also offered through this center.

Multi-Service Senior Center - Hico

411 N. Mesquite
 Box 305
 Hico, TX 76457

Phone: (254) 796-4488

Hours: 8:00am to 4:00pm - Monday thru Friday

Eligibility Requirements: Persons 60 years old & older. Delivered meal program is based on assessment by Svcs Coord. DHS program is based on income.

Fees: None

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Provide comprehensive services for the elderly. Services are provided for persons 60 years old and older which include: outreach, counseling, information and referral, health related services, arts and crafts, recreation, physical fitness, instruction and training, and other special emphasis services and activities. Additional programs include nutrition, transportation, homemaker, emergency energy and homeless assistance, weatherization, and community services block grant assistance. Home delivered meals program (Meals-on-Wheels) and the Retired & Senior Volunteer Program (RSVP) is also offered through this center.

Multi-Service Senior Center - Lampasas

901 S. Liveoak
 Lampasas, TX 76550

Phone: (512) 556-2550

Hours: 8:00am to 4:00 pm - Monday thru Friday

Eligibility Requirements: Persons 60 years old & older. Delivered meal program is based on assessment by Svcs Coord. DHS program is based on income.

Fees: None.

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Provides comprehensive services for the elderly. Services are provided for persons 60 years old and older which include: outreach, counseling, information and referral, health related services, arts and crafts, recreation, physical fitness, instruction and training, and other special emphasis services and activities. Additional programs include nutrition, transportation, homemaker, emergency energy and homeless assistance, weatherization and community services block grant assistance. Hot noon meals home delivered to Texas Dept. of Human Services (TDHS) eligible clients in Milam County, Belton and Killeen. This center also offers the Retired & Senior Volunteer Program (RSVP).

Multi-Service Senior Center - Llano

1110 Berry Street
Llano, TX 78643

Phone: (915) 247-4662

Hours: 8:00am to 4:00pm - Monday thru Friday

Eligibility Requirements: Persons 60 years old & older. Delivered meal program is based on assessment by Svcs Coord. DHS program is based on income.

Fees: None

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Provides comprehensive services for the elderly. Services are provided for persons 60 years old and older which include: outreach, counseling, information and referral, health related services, arts and crafts, recreation, physical fitness, instruction and training, and other special emphasis services and activities. Additional programs include nutrition, transportation, homemaker, emergency energy and homeless assistance, weatherization and community services block grant assistance. Hot noon meals home delivered to Texas Dept. of Human Services (TDHS) eligible clients in Milam County, Belton and Killeen. This center also offers the Retired & Senior Volunteer Program (RSVP).

Multi-Service Senior Center - Lometa

202 Railway Street
Lometa, TX 76853

Phone: (512) 556-2550

Hours: 8:00am to 4:00pm - Monday thru Friday

Eligibility Requirements: Persons 60 years old & older. Delivered meal program is based on assessment by Svcs Coord. DHS program is based on income.

Fees: None

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Provides comprehensive services for the elderly. Services are provided for persons 60 years old and older which include: outreach, counseling, information and referral, health related services, arts and crafts, recreation, physical fitness, instruction and training, and other special emphasis services and activities. Additional programs include nutrition, transportation, homemaker, emergency energy and homeless assistance, weatherization and community services block grant assistance. Hot noon meals home delivered to Texas Dept. of Human Services (TDHS) eligible clients in Milam County, Belton and Killeen. This center also offers the Retired & Senior Volunteer Program (RSVP).

Multi-Service Senior Center - Mills County

2110 Priddy Rd.
 PO Box 812
 Goldthwaite, TX 76844

Phone: (915) 648-3122

Hours: 8:00am to 4:00pm - Monday thru Friday

Eligibility Requirements: Persons 60 years old & older. Delivered meal program is based on assessment by Svcs Coord. DHS program is based on income.

Fees: None

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Provide comprehensive services for the elderly. Services are provided for persons 60 years old and older which include: outreach, counseling, information and referral, health related services, arts and crafts, recreation, physical fitness, instruction and training, and other special emphasis services and activities. Additional programs include nutrition, transportation, homemaker, emergency energy and homeless assistance, weatherization, and community services block grant assistance. Home delivered meals program (Meals-on-Wheels) and the Retired & Senior Volunteer Program (RSVP) is also offered through this center.

Multi-Service Senior Center - Rockdale

765 Green Street
 Box 998
 Rockdale, TX 76567

Phone: (512) 446-2666

Hours: 8:00am to 4:00pm - Monday thru Friday

Eligibility Requirements: Persons 60 years old & older. Delivered home program is based on assessment by Svcs Coord. DHS program is based on income.

Fees: None

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Provide comprehensive services for the elderly. Services are provided for persons 60 years old and older which include: outreach, counseling, information and referral, health related services, arts and crafts, recreation, physical fitness, instruction and training, and other special emphasis services and activities. Additional programs include nutrition, transportation, homemaker, emergency energy and homeless assistance, weatherization, and community services block grant assistance. Hot noon meals home delivered to Texas Dept. of Human Services (TDHS) eligible clients in Milam County, Belton and Killeen. Also this center offers the Retired & Senior Volunteer Program (RSVP).

Multi-Service Senior Center - San Saba

705 E. Storey
San Saba, TX 76877

Phone: (915) 372-5833

Hours: 8:00am to 4:00pm - Monday thru Friday

Eligibility Requirements: Persons 60 years old & older. Delivered meal program is based on assessment by Svcs Coord. DHS program is based on income.

Fees: None

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Provide comprehensive services for the elderly. Services are provided for persons 60 years old and older which include: outreach, counseling, information and referral, health related services, arts and crafts, recreation, physical fitness, instruction and training, and other special emphasis services and activities. Additional programs include nutrition, transportation, homemaker, emergency energy and homeless assistance, weatherization, and community services block grant assistance. Home delivered meals program (Meals-on-Wheels) and the Retired & Senior Volunteer Program (RSVP) is also offered through this center.

Multi-Service Senior Center - Temple

15 North 2nd Street
Temple, TX 76501

Phone: (254) 778-4221

Hours: 8:00am to 4:00pm - Monday thru Friday

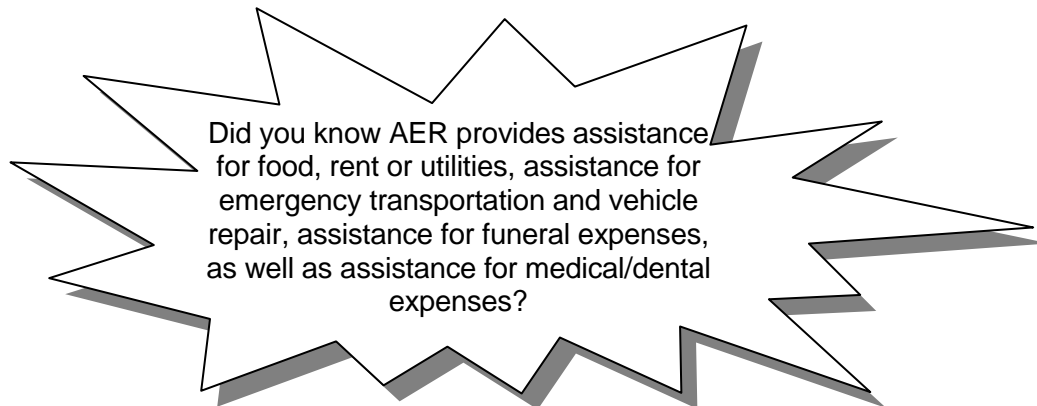
Eligibility Requirements: Persons 60 years old & older and disabled persons.

Fees: None. Donations accepted for meals.

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Provide comprehensive services for the elderly. Services are provided for persons 60 years old and older which include: outreach, instruction and training, and other special emphasis services and activities. Home delivered meals program (Meals-on-Wheels) and the Retired & Senior Volunteer Program (RSVP) is also offered through this center.



Multi-Service Senior Center - Temple Fellowship Center

2220 W. Ave. D
Temple, TX 76504

Phone: (254) 298-5403

Hours: 8:00am to 5:00pm - Monday thru Friday

Eligibility Requirements: Persons 60 years of age and older and disabled persons.

Fees: None. \$2 donation requested for meals.

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Provide comprehensive services for the elderly. Services include: outreach, counseling, information and referral, health related services, arts and crafts, recreation, physical fitness, instruction and training, and other special emphasis service and activities. Additional programs include nutrition and transportation.

National Alliance for the Mentally Ill (NAMI) - Temple

Phone: (254) 298-7050

Hours: 6:30pm - Second and Fourth Tuesdays

Eligibility Requirements: Anyone interested in mental illness, Does not need to be affiliated with VA

Fees: no fees

Intake procedure:

Agency: Support Groups

Support group for Family and friends of persons with a mental illness. Informational meeting is open to persons interested in mental illness. Meetings are held at the Temple VA Medical Center, Room 5G31.

Nutrition Site - Kyle Center

111 N. Main Street
Temple, TX 76501

Phone: (254) 778-9428

Hours: Call center for hours.

Eligibility Requirements: Clients must be 60 years of age or older, or the spouse of a 60+ client.

Fees: None

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Nutrition Site. Program serves a nutritious noon meal to elderly clients. Program operated by Aging Services Program through the Hill Country Community Action, Inc. Agency.

Nutrition Site - Rogers

Rogers Civic Center
Rogers, TX 76569

Phone: (915) 375-3526

Hours: Hot noon meals served on Wednesdays & Fridays.

Eligibility Requirements: Persons 60 years old & older.

Fees: None. Donations accepted for meals and transportation.

Intake procedure:

Agency: Hill Country Community Action Association, Inc.

Nutrition Site operated by Aging Services program through Hill Country Community Action, Inc.

Pathways Learning Center

3004 Atkinson Street
Killeen, TX 76543

Phone: (254) 501-0550

Hours: During school year: 8:30am to 1:30pm - Monday thru Friday. Office is open from 7:30 am to 4:00 pm.

Eligibility Requirements: Students living in KISD to age 21; students can be from Killeen HS, Ellison HS, Harker Heights HS & Shoemaker HS.

Fees: None

Intake procedure: Prefer referral by guidance counselor, application process to include school transcripts.

Agency: Killeen Independent School District

A self-paced mastery learning program to earn a high school diploma for high school students. Transportation provided by KISD to students. Student-related pregnancy services are also available to include child care arrangements, job placement, life skills, and access to social services (AFDC, WIC, Food Stamps, etc.) through Communities in Schools, Inc.

Patton's Inn

Business Operations Division
Building 9212
Fort Hood, TX 76544

Phone: (254) 287-8484

Hours: 5:00pm to 4:00am - Wednesday thru Sunday. Closed Monday and Tuesdays.

Eligibility Requirements: Must be 21 years of age to enter.

Fees: None

Intake procedure: ID card and proof of membership must be shown at door.

Agency: Business Operations Division

Patton's Inn offers a full-service bar, game room, and fast-food menu selections. No matter what night of the week, there is always something going on at Patton's Inn. Weekly entertainment includes blues, jazz, house party and karaoke.

Provost Marshal

III Corps and Fort Hood
Building 87005
Fort Hood, TX 76544

Phone: (254) 287-3700

Hours:

Eligibility Requirements: Fort Hood residents, military members and civilian employees of military post.

Fees: None

Intake procedure:

Agency: Provost Marshal

Manages the law enforcement aspect of the military post of Fort Hood.

Refuge Corporation, The

811-A Martin Luther King Jr Drive
Copperas Cove, TX 76522

Phone: (254) 547-6753

Hours: Closed Monday, Tuesday, & Wednesday. Open Thursday 9:00am to 1:00pm and Friday 9:00am to 5:00pm. Closed for lunch - 12:00 pm to 1:00 p

Eligibility Requirements: Any member within the community needing their services.

Fees: None

Intake procedure: Call first for further information.

Agency: United Way of the Greater Fort Hood Area

Women and children homeless shelter - provides emergency shelter and transitional housing to abused, battered, divorced and homeless women with children. This and That Thrift Store in Copperas Cove is a place where items such as clothing, furniture, and appliances are donated by organizations, businesses, and individuals in the community and sold at a nominal cost. All proceeds benefit the House of Refuge Women's Shelter. Utility assistance available to eligible families WHEN FUNDS ARE AVAILABLE. Health Education Programs is a comprehensive education and outreach vehicle for Coryell and surrounding counties designed to bring awareness in every area of health.

Did you know that the ACS Relocation Readiness Branch has an International Spouses Program that offers a chance to meet with other military spouses of different cultures, and also provides information and referral to available community resources tailored to the international spouse?

Salvation Army Killeen

501 North 2nd Street
Killeen, TX 76541

Phone: (254) 634-0364

Hours: 9:00am to 12:00pm & 1:00pm to 4:00pm - Monday thru Friday, Admin Office. 9:30 am to 5:00 pm, Thrift Store.

Eligibility Requirements: Eligibility: MUST BE EXTREME EMERGENCY SITUATION TO RECEIVE AID DETERMINED ON A CASE-BY-CASE BASIS. Military need referral from Commander or 1SG. Exceptions are made on a case-by-case basis.

Fees: None

Intake procedure:

Agency: Salvation Army - Killeen

Services provided: Gasoline aid, food, bus tickets out-of-town (depending on circumstances), clothing, blankets, coats and furniture under certain circumstances. Aid with locating shelter for the homeless and provides help with natural disasters (hurricanes, floods, fires). Assists with utilities (energy aid) when funds are available. Counseling services are also available. Assists clients with reading documents for understanding.

Salvation Army Temple

2604 West Avenue M
Temple, TX 76504

Phone: (254) 774-9996

Hours: 9:00 am to 5:00 pm - Monday thru Friday; 9:00pm to 4:00pm - Saturday; Social Services Office: 9:00am to 12:00pm walk-ins & 1:00pm to 3:0

Eligibility Requirements: MUST BE EXTREME EMERGENCY SITUATION TO RECEIVE AID, DETERMINED ON A CASE BY CASE BASIS. Military need referral from Commander or 1SG. Exceptions are made on a case-by-case basis.

Fees: None.

Intake procedure:

Agency: Salvation Army/Temple

Services provided: Gasoline aid, food, bus tickets out of town (depending on circumstances), clothing, blankets, coats and furniture under certain circumstances. Aid with locating shelter for the homeless and provides help with natural disasters (hurricanes, floods, fires). Assists with utilities (energy aid) when funds are available. Counseling services are also available. Assists clients with reading documents for understanding.

Saulsbury Jean Wilson Children's Center

206 South 24th Street
Temple, TX 76501

Phone: (254) 778-7311

Hours: Hours: Early childhood 8:00 am to 4:00pm. Head Start 8:30 am to 2:30 pm.

Eligibility Requirements: Based on income. Open to the military. Accepts CCS (child care services voucher).

Fees: Sliding scale.

Intake procedure:

Agency: Saulsbury Jean Wilson Children Center

Day care for low income and student families. Children served breakfast, lunch, and snack. Ages: Early childhood 6 weeks to 3yrs. Head Start 2yrs to 4ys.

Shriner's Hospital for Children

6977 Main Street
Houston, TX 77030

Phone: (713) 797-1616

Hours: 24 hours a day.

Eligibility Requirements: Children of all ages from 0-18 years, regardless of race, creed, or color.

Fees: None for patients. Donations appreciated from general public.

Intake procedure:

Agency: Shriner's

Pediatric/Orthopedic Hospital. Burn patients are referred to Galveston for treatment.

Additional Addresses

Main Office:

2900 Rocky Point Drive
Tampa, FL 33607-1435

Single Parent Support Group

Lane Volunteer Center
Fort Hood, TX

Phone: (254) 287-1763

Hours: 11:30 AM - Second Tuesday of every Month

Eligibility Requirements:

Fees:

Intake procedure:

Agency: Support Groups

Offers advice and support to single parents. Serves as a chance for single parents to share their experiences.

Special Olympics Youth Center

902 Conder Street
Killeen, TX 76540

Phone: (254) 699-3479

Hours: 8:30am to 5:00pm - Monday thru Friday; meeting held 7:00pm last Monday of each month at Youth Center; bowling 10:00am to 12:00pm.

Eligibility Requirements: Families of persons with intellectual retardation, 7 years old and up.

Fees: None

Intake procedure:

Agency: Special Olympics Youth Center

Coordination with MHMR; public education; programs to aid retarded citizens; Special Olympics; basketball; field/track; bowling; and volleyball. Dances once a month.

AREA 12, SPECIAL OLYMPICS TEXAS: Same as above, but serves: Bell, Coryell, Lampasas, Hamilton, Mills, Bosque, McLennan, Hill, Falls, Navarro, Freestone, and Limestone Counties.

Temple Urban System

5200 S. General Bruce Dr.
Temple, TX 76502

Phone: (254) 778-3636

Hours: Transit: 7:00am to 7:00pm - Monday thru Wednesday; 7:00am to 10:00pm - Thursday thru Saturday (includes holidays)

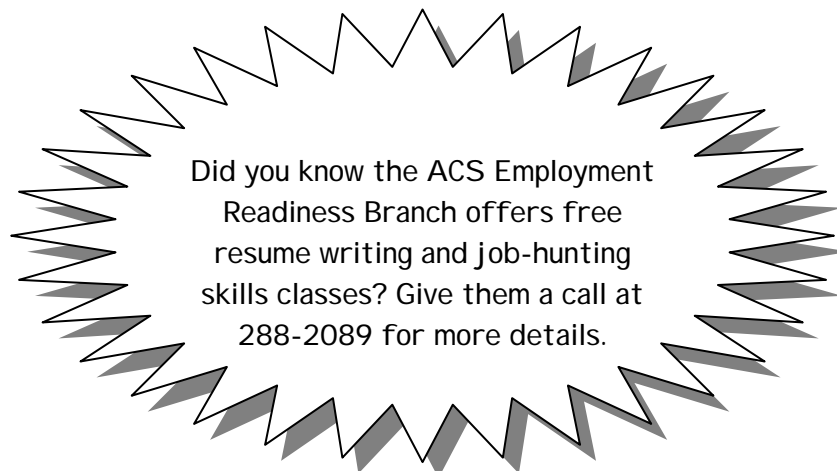
Eligibility Requirements: Blind, disabled, elderly, or low income persons.

Fees: Passengers whose trips are not subsidized are required to pay a fare based upon the posted fare schedule.

Intake procedure:

Agency: Hill Country Transit District

Regional public transportation provider for the Central Texas area, operating both rural and urban transportation services. Five lift equipped and 3 non-lift equipped vehicles.



Texas Rehabilitation Commission

4501 South General Bruce Drive
Suite 86
Temple, TX 76502

Phone: (254) 773-1674

Hours: 8:00am to 5:00pm - Monday thru Friday

Eligibility Requirements: Physical or mental disability which constitutes/results in a substantial vocational handicap in terms of employment.

Fees: None, although contributions are accepted.

Intake procedure: Call number listed.

Agency: Texas Rehabilitation Commission

The Texas Rehabilitation Commission (TRC) created in 1969, is designated as the State's principal authority on the vocational rehabilitation of Texans with disabilities, except persons with visual impairments and the legally blind. The commission's main purpose is to assist people with disabilities to participate in their communities by achieving the employment of choice, living as independently as possible and accessing high quality services. The commission provides a broad array of services through the following programs; vocational rehabilitation, comprehensive rehabilitation services, independent living services and centers, and our rehabilitation technology laboratory.

Texas School for the Deaf

1102 S. Congress
Austin, TX 78704

Phone: (512) 462-5353

Hours: 8:00am to 5:00pm - Monday thru Friday

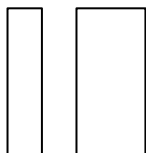
Eligibility Requirements: Texas residents who are deaf or hearing impaired; ages 0 - 21.

Fees: None

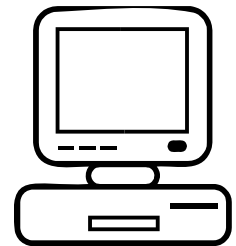
Intake procedure:

Agency: Texas School for the Deaf

Residential and day schools for hearing impaired children of Texas, ages 0-21 years. Provides academic and vocational programs through high school.



Did you know that there is Family Readiness Group information and resources on line at www.hoodmwr.com/mobdep.html?



Women, Infants & Children (WIC) - Bell County Health Dept.

Building 121 The Rivers Building
Fort Hood, TX 76504

Phone: (254) 532-8680

Hours: Fort Hood Office: 7:00am to 5:15pm - Monday thru Thursday; Closed 12:00pm to 12:15pm for lunch.
Call other offices for hours of operati

Eligibility Requirements: Income guidelines; I.D. verification of address (resident), i.e., immunization record, birth certificate, marriage license.

Fees: None

Intake procedure: Enroll at the office most convenient to your residence.

Agency: Bell Cnty Health Dept - Women, Infants & Children (WIC)

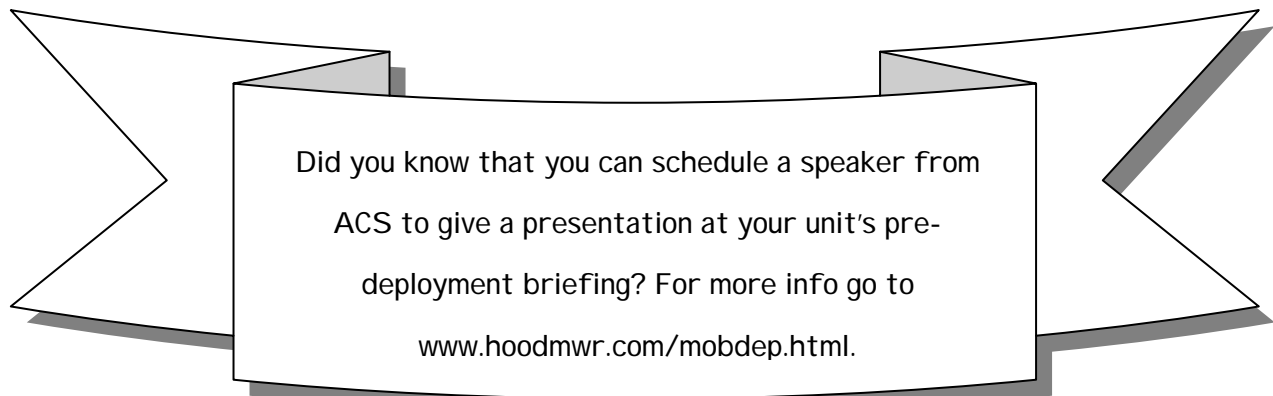
A federally-funded nutrition program for pregnant, breast-feeding women, infants, and children to the age of 5 years. Families must show nutritional or poor growth pattern by a hemoglobin test or plotted growth chart screening. Vouchers given for food high in calcium, protein, iron, and vitamins. Nutrition classes required and provided.

Other Locations Include:

Copperas Cove
213 West Avenue D
Copperas Cove, Texas 76522
PH: (254) 547-9571
FAX: (254)547-7767

Killeen
111 Santa Fe Plaza
Killeen, TX 76542
PH: (254) 526-2033
FAX: (254) 526-2073

Temple
201 N. 8th St
Temple, TX 76501
PH: (254) 778-1511
FAX: (254) 778-6914



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Fort Hood – Frequently Called Numbers

Name	Bldg	Phone
AAFES Class VI	50006	(254) 532-5962
Abuse Hotline	121	(254) 287-CARE
Animal Protective Services	23020	(254) 287-2732
Apache Arts & Crafts	2337	(254) 287-0344
Appointments (DACH)	36000	(254) 288-8888
Army Career Alumni Program (ACAP)	18010	(254) 288-5627
Army Emergency Relief (AER) - ACS	121	(254) 288-5003
Belton Lake Outdoor Recreation Area	NAF126	(254) 287-8303
Cable Vision	18010	(254) 532-5341
Casey Memorial Library	3202	(254) 287-4921
Central Clearing	18010	(254) 287-4628
Central Issue Facility (CIF)	89010	(254) 288-2267
Central Registration –Child Youth Services (CYS)	18010	(254) 287-8029
Central Texas College - Fort Hood	3201	(254) 526-1902
Chaplain - Help Line	N/A	(254) 287-CHAP
Child Development Center - Clear Creek	4819	(254) 288-5222
Child Development Center - Comanche	52024	(254) 287-4848
Child Development Center - Fort Hood	113	(254) 287-6037
CID	2200	(254) 287-5039
Civilian Personnel Advisory Center	4220	(254) 288-2052
Commissary - Clear Creek	50001	(254) 288-7560
Commissary - Warrior Way	85020	(254) 287-9036
Consumer Affairs	121	(254) 287-CITY
Consumer Credit Counseling (CCCS)	121	(254) 532-4808
Contracting Command	1001	(254) 287-0038
Defensive Driving Course	33009	(254) 287-4824
Education Center	4470	(254) 287-4639
Emergency Room (DACH)	36000	(254) 288-8113
Employment Readiness	4220	(254) 287-2089
Equipment Checkout Center (MWR)	4930	(254) 287-4126
Exceptional Family Member Program (EFMP) - ACS	121	(254) 286-6584
Family Advocacy	76020	(254) 286-6774
Family Life Training Center	21007	(254) 288-1757
Fort Hood Conference and Catering Center	5764	(254) 532-5329
Ft Hood Catering and Conference Center	5764	(254) 287-5215
Hospital (DACH) Information	36000	(254) 288-8000
Housing	18010	(254) 287-3704
ID Cards	18010	(254) 287-5670
Information Tickets and Referral (ITR)	136	(254) 287-7310
Information, Referral, & Outreach (ACS Help-Line)	121	(254) 287-4ACS

Inspector General (IG) - 1CD	21000	(254) 287-9371
Inspector General (IG) - 4ID	410, Rm 153B	(254) 287-5744
Inspector General (IG) - COSCOM	39009	(254) 287-1230
Inspector General (IG) - III Corps	1001	(254) 287-2428
Keithware Hall Temporary Lodging	36006	(254) 532-8233
Lane Volunteer Center	16005	(254) 287-8657
Lawn and Garden Self Help	4313A	(254) 285-2264
Levy	18010	(254) 287-2528
Loan Closet	121	(254) 287-8595
Main Gate Information Center	69004	(254) 287-4936
Military Clothing and Sales	135	(254) 532-3920
Mobilization and Deployment	16005	(254) 288-2794
Palmer Theater	334	(254) 287-3066
Patton's Inn	9212	(254) 287-8484
Phantom Warrior Lanes	49010	(254) 287-3424
Post Exchange - Clear Creek (main)	50004	(254) 532-7200
Post Exchange - Warrior Way (specialty store)	87030	(254) 532-8100
Post Operator	N/A	(254) 287-1110
Post Unit Information	N/A	(254) 287-2131
Poxon Guest House	111	(254) 532-2100
Provost Marshal	23020	(254) 287-2176
Range Control	56000	(254) 287-3321
Red Cross of Fort Hood	8640	(254) 287-0400 (877) 272 7337
Relocation Readiness Branch – ACS	121	(254) 287-4471
Separations (Finance)	18010	(254) 287-7433
Soldier & Family Readiness	16005	(254) 286-5913
Soldier Development Center	33009	(254) 287-2986
Sportsman's Center	1937	(254) 532-4552
Sprint	18010	(254) 628-2611
Sprocket Auto Crafts Shop	9138	(254) 287-2725
Substance Abuse Rehabilitation (SAR)	2245	(254) 287-2892
Tax Center (seasonal)	N/A	(254) 288-7995
Thrift Shop	50003	(254) 532-2948
Time Warner Cable	18010	(254) 634-3145
Transportation - Inbound	18010	(254) 288-9832
Transportation - Outbound	18010	(254) 287-4602
Transportation Motor Pool (TMP)	25029	(254) 287-2804
Tricare Service Center	36023	(800) 444-5445
Vehicle Registration	18010	(254) 285-5631
Veterans Affairs	N/A	(800) 827 1000
Veterans Affairs-Fort Hood	18010	(254) 288-2181
Veterinary Clinic	4909	(254) 287-6719
Victim Advocacy	121	(254) 702-4953
Volunteer Services	16005	(254) 287-7133

West Fort Hood Travel Camp (RV Park)	70004	(254) 288-9926
Women Infants and Children (WIC) - Ft Hood	121	(254) 532-8680
Work Orders – Barracks	4213	(254) 287-2113
Work Orders – Housing - (Allstar)	4313	(254) 532-3133



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Adolescent Support Group - DACH

5 West, Child and Adolescent
Darnall Army Community Hospital
Fort Hood, TX 76544
Office Hours: 4:15pm to 5:30pm - Wednesdays
Phone(s): (254) 288-8731

Description: This group is a forum for adolescents to discuss pressing issues and to gain insight into themselves and others. Topics of discussion include: personal/interpersonal relationships, social/interpersonal skills, problem solving and communication skills.

Alcoholics Anonymous

1404 North 2nd Street
Killeen, TX 76501
Office Hours: Monday-Saturday: 12:00pm to 12:35pm
Sunday: 11:00am to 12:00pm; Monday-Sunday:
8:00pm to 9:00pm

Phone(s): (254) 634-5959

Description: Support group open to anyone wishing to recover sobriety.

Alzheimer Family Support Group

P.O. Box 5036
Heartland Healthcare
Temple, TX 76505
Office Hours: 5:30 PM - First Tuesday of each month
Phone(s): (254) 778-6616

Description: Meeting ground for spouses and families of Alzheimer's victims, to share experiences, ways of coping, and lend moral support. Education programs available.

International Spouses Support Group - ACS

Building 121
761st Tank Bn & Hood Rd
Fort Hood, TX 76544
Office Hours: M-F, 0730-1630. Closed on Training Holidays and Federal/National Holidays.
Phone(s): (254) 287-8595

Crisis Pregnancy Center

2010 West Avenue H
Temple, TX 76504
Office Hours: Call for an appointment.
Phone(s): (254) 773-2453

Description: Free pregnancy tests, information on fetal development, information on abortion risks, counseling, and complete information about maternity homes/adoption centers provided. A limited supply of maternity clothes, baby counseling, and referrals to commercial agencies.

Anger Management Group for Parents - DACH

5 West Child and Adolescent
Darnall Army Community Hospital
Fort Hood, TX 76544
Office Hours: 4:15pm to 5:30pm - Thursdays.
Phone(s): (254) 288-8731,

Description: This is an education and support group for parents. Participants discuss family dynamics, communication skills, and problem solving. This is an opportunity for parents to meet with others in similar situations.

Bereavement Support Group - DACH

BLDG 36000
Fort Hood, TX 76544
Office Hours:
Phone(s): (254) 288-8848,

Description: The Caring Hearts Bereavement Support Group helps the healing process of parents whom have lost a child through miscarriage, ectopic pregnancy, SSIDS, illness or disease. Information is presented and shared about topic of loss and how to cope with loss. Group meets quarterly for 6 sessions. Call Department of Ministry and Pastoral Care for more details. Also helps people who have lost spouses or loved ones -- any kind of loss to families.

Breast Cancer Support Group

(254) 288-8846
 Fisher House
 Fort Hood, TX 76544
Office Hours: 6:30 PM to 8:00 PM First Thursday of each month
Phone(s): (254) 288-8845,

Description: The breast cancer support group is called "Coping with Breast Cancer". The intention of this group is to help women with breast cancer cope with this disease and give women the opportunity to participate and share common problems and solutions. Educational and emotional support help to assist in breast cancer recovery.

Army Substance Abuse Program (ASAP)

(254) 287-3098
 Building 2241
 Fort Hood, TX 76544
Office Hours: 7:30am to 4:30pm - Monday thru Friday; Closed on all Training Holidays and Federal/National Holidays.
Phone(s): (254) 287-3378,

Description: Provides prevention education to Soldiers, civilians, family members and retirees.

- Unit briefings
- Community awareness projects
- Sponsor of Tie-One-On for Safety Campaign
- Sponsor of Summer Sense Campaign
- Co-sponsor of Camp 2010
- Participant in other community events - health fairs and school awareness education
- Employee Assistance Program

Parkinson's Support Group

Scott & White Hospital
 57th Street Annex
 Temple, TX 76502
Office Hours: 2:30pm - Third Thursday every other month.
Phone(s): (254) 774-8320

ADD/ADHD Support Group for Children

5 West, Child and Adolescent
 Darnall Army Community Hospital
 Fort Hood, TX 76544
Office Hours: 4:15 PM to 5:30 PM Tuesdays
Phone(s): (254) 288-8731

Description: This group is for children who have Attention Deficit/Hyperactivity Disorder or ADHD. A CAPES therapist provides age-appropriate information about these disorders and how to cope with them. Games and activities focus on social skills, patience, listening, planning ahead, self-esteem and other areas that usually give children and adolescents problems.

ADD/ADHD Support Group for Parents - DACH

5 West, Child & Adolescent
 Darnall Army Community Hospital
 Fort Hood, TX 76544
Office Hours: 4:15 PM to 5:30 PM - Tuesday
Phone(s): (254) 288-8731

Description: Basic to advanced information about ADHD and treatments. This affords the parents the opportunity to discuss specific concerns. Parents who do not have children in the ADHD group for children are still invited to attend the parent group.

Anxiety / Stress Management Support Group

Depaul Education Room
 305 Londonary
 Waco, TX
Office Hours: 6:30 PM - 2nd and 4th Mondays of each month
Phone(s): (254) 772-0297

Description: Educational / Self help, relaxation techniques, bio-chemical issues are all discussed in a group setting for people learning to manage issues brought on by anxiety, panic attacks and stress

Bipolar Support Group

DePaul Cafeteria

305 Londonary

Waco, TX

Office Hours: 6:00 PM - Tuesdays

Phone(s): (254) 776-5970

Description: Support group for those individuals dealing with Bipolar Illness and their family members.

Breast Cancer Support Group - Heart of Texas

(254) 724-7155

Ronald McDonald House

2415 S. 47th Street

Temple, TX 76505

Office Hours: Meet 1st and 3rd Monday of each month from 6:30pm to 7:45pm.

Phone(s): (254) 724-1053,

Description: These meetings are open to all women who are presently or previously diagnosed with breast cancer.

Depression Support Group

DePaul Cafeteria

305 Londonary

Waco, TX

Office Hours: 7:00 PM - Tuesdays

Phone(s): (254) 776-5970

Description: A support group for those suffering from depression and their family members.

Diabetes Support Group (Adult and Child)

Casa Ole

2730 E Hwy 190

Copperas Cove, TX 76522

Office Hours: 7:00 PM - Usually 3rd or 4th Monday of every month

Phone(s): (254) 542-5177

Exceptional Family Member Support Group - ACS

(254) 285-6658

Rivers Building, Building 121, Room

Fort Hood, TX 76544

Office Hours: 6:00 PM to 8:00 PM Every Fourth Monday of the month

Phone(s): (254) 287-6070,

Description: The support group is sponsored by ACS Exceptional Family Member Program (EFMP).

Participants share common experiences unique to special needs families and learn about new formation and resources. Funded childcare is provided - please sign up for this care.

Family Violence Support Group

(888) 799-7233

Families in Crisis

Fort Hood, TX 76544

Office Hours: Every Tuesday (Call First)

Phone(s): (254) 634-1184,

Description: Free and confidential.

Gold Star Family Support Group

Bldg. 10045 Battalion Ave

Fort Hood, TX 76544

Office Hours: 10:00am - 3:00pm Monday thru Thursday

Phone(s): (254) 288-1668

Description: Meetings every 2nd & 4th Monday 1830

Hepatitis C Support Group

Scott and White Conference Center

2402 S. 31st Street Room 212A

Temple, TX 76505

Office Hours: 6:00 PM - Second Wednesday of each month

Phone(s): (254) 755-7879

Description: Support for people diagnosed with Hepatitis or cirrhosis of the Liver.

Implantable Cardioverter Defibrillators Support Group

2402 South 31st Street
Temple, TX 76505
Office Hours:
Phone(s): (254) 724-9158

Live for Tomorrow Transplant Support Group

Scott and White STC
2402 South 31st Street
Temple, TX 76505
Office Hours: 6:30 PM to 8:00 PM Second Thursday of every month
Phone(s): (888) 525-3896

Description: Designed for patients who are awaiting transplants or who have undergone transplants as well as their families and loved ones.

New Parent Support Program Support Group

Army Community Service
Building 121 (Rivers Building)
Fort Hood, TX 76544
Office Hours: M-F 0730-1630. Closed on all Training Holidays and Federal Holidays. Call 287-2286 for more information on dates and times for the sup
Phone(s): (254) 287-2286

Description: Share and learn parenting principles and experiences to build confidence and establish a support system.

Pre-Natal Bereavement Support Group

Darnall Auditorium
Darnall Army Community Hospital
Ft Hood, TX 76544
Office Hours: 7:00 PM - Second Tuesday of every month
Phone(s): (254) 288-8849

Description: Provides support for families who have lost a baby before birth.

Sexual Assault Support Group

Families in Crisis
Killeen, TX
Office Hours: Every Tuesday (Call First)
Phone(s): (254) 634-1184, (888) 799-7233

Description: Free and confidential.

Single Parent Support Group

Lane Volunteer Center
Fort Hood, TX
Office Hours: 11:30 AM - Second Tuesday of every Month
Phone(s): (254) 287-1763

Description: Offers advice and support to single parents. Serves as a chance for single parents to share their experiences.

Spinal Cord Injury Support Group

(254) 724-2854
Scott and White Special Treatment C
2402 S. 31st Street
Temple, TX 76505
Office Hours: 6:30 PM - Third Thursday of each month
Phone(s): (254) 724-2853,

Description: Support for persons with spinal cord injuries and their family members. These meetings are open to the public.

Support Group for Separated and Divorced Persons

St Luke's Catholic Church Education
Bldg 2807 Oakdale Drive
Temple, TX 76502
Office Hours: 7:00 PM - Second Thursday of each month
Phone(s): (254) 773-1561,

Description: This is a weekly co-ed support group meeting. Catholic based program, but open to all.

Teenage Pregnancy Support Group

Womens Health Clinic Room 3121 3rd
Darnall Army Community Hospital
Fort Hood, TX 76544

Office Hours: 6:30 PM to 8:00 PM First Tuesday of every month

Phone(s): (254) 288-8845

Description: Learn about the changing body. Topics of discussion include nutrition, social issues, feelings, paternity, sex education and caring for self and child

Did you know AER provides undergraduate-level education scholarships to children of Soldiers, and provides assistance to widows of retired or active duty Soldiers?



Toll Free – Community Help Lines

Abuse Hotline, Texas Child and Adult Department of Protective & Regulatory Services -----	800-252-5400
Alcohol Information Referral -----	800-252-6465
Alien Labor Certification-----	800-252-9924
Alzheimer’s Disease And Related Disorders -----	800-621-0379
American Kidney Fund-----	800-638-8299
Army Finance, Retiree Pay Telephone Service -----	800-321-1080
Arthritis Foundation-----	800-283-7800
Attorney General Consumer Products -----	800-621-0508
Auto Safety Hotline-----	800-424-9393
Blind, Texas Commission For The -----	800-252-5204
Blue Cross Blue Shield Of Texas Part B Medicare -----	800-442-2620
Care Flight Emergency Helicopter -----	800-442-6260
Central Texas Poison Control -----	800-222-1222
DEERS (Defense Enrollment Eligibility Reporting System) -----	800-538-9552
Dental: Senior Dent Program -----	800-252-9377
Dial-A-Hearing Screening Test -----	800-622-3277
Health, Bureau Of Long-Term Care-----	800-252-9106
Legal Hotline For Older Texans -----	800-622-2520
Lifeline The Leader In Personal Emergency Response Systems-----	800-451-0525
Linn Hoffman Federal Express -----	800-356-5954
Mental Health And Mental Retardation -----	254-298-7000
Missing Persons Clearinghouse-----	512-424-5074
National Health Information Center -----	800-336-4797
Office Of The Governor -----	800-252-9600
Parents Anonymous And Parents Anonymous Of Texas Hotline-----	800-554-2323
Parents' Special Education Hotline-----	800-252-9668
Property Tax Division Of Texas Controller Of Public Accounts -----	800-252-9121
Retired Pay Telephone Inquiry Service -----	800-321-1080
State Bar Of Texas Lawyers' Referral Service -----	800-252-9690

State Controller -----	800-252-5555
Texas Aids Line-----	800-299-2437
Texas Crime Stoppers Advisory Counsel-----	800-252-8477
Texas Department Of Insurance -----	800-252-3439
Texas Department On Aging -----	800-252-9240
Texas Parent Heart Line -----	800-554-2323
Texas Runaway Hotline-----	888-580-4357
United States Consumer Products -----	800-638-2772



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