

30th Month of the Military Child and  
Child Abuse Prevention Month Activities

APRIL 2016

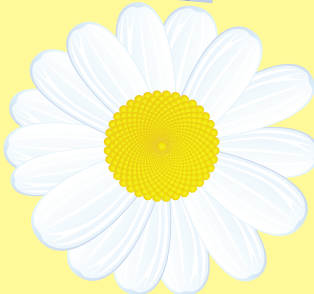
THEIR  
**JOURNEYS**  
— and —  
*Adventures*

# Month of the Military Child Community Event's

## Open to all Military Children

April 2016

Month of the Military Child  
Child Abuse Prevention Month



### **MOMC Photo Contest**

**Date:** Enter Now to April 14

**Age Group:** All Families are welcome!

**Location:** Online

**Description:** Send us your patriotic themed photos of one child, all the kids, or the whole Family! Make a collage or send a single photo on digits to: usarmy.hood.imcom-fmwrcc.list.cyss-skies@mail.mil. Photos will be accepted from 1-31 Mar. Photos will be posted on our Facebook page at <https://www.facebook.com/Hood-Cyss> for voting from 9:30 am Apr 15 to 4:30 pm Apr 18. The photo with the most "Likes" will win! So share with your Family and friends! Winner will receive a \$50 Gift Card. For more information, please call 254-287-4592.

### **Last Year's Photo Contest Winner The Buxton Family**



### **Phantom Warrior Lanes Coloring Contest**

**Date:** April 1-30

**Time:** Any

**Cost:** No Cost

**Age Group:** 2-5, 6-8, 9-10

**Location:** Phantom Warrior Lanes

**Description:** One entry per child. Color a picture provided by PWL (must be colored by child age 2-10). One winner per age group will receive two free games of bowling and a 10" pizza. For more information, please call 254-287-3424.

### **Month of the Military Child Bowling Night**



**Date:** April 4, 11, 18 or 25

**Time:** 5-9 pm

**Age Group:** All ages

**Location:** Phantom Warrior Lanes

**Description:** Family bowling \$20 per hour up to a Family of 5. Includes bowling for one hour, a pair of shoes, and a medium fountain drink per bowler. For more information, call 254-287-3424.

### **Clear Creek Golf Course MOMC Kids Golf**

**Date:** Any day in April

**Time:** 7 am-7 pm

**Cost:** No Cost

**Age Group:** All Families are welcome!

**Location:** Clear Creek Golf Course

**Description:** Come on out to Rattlesnake Ridge and play golf with the little ones. Bring your own clubs and balls and try out our 4-hole course designed specifically for children, or stop by the pro shop and borrow clubs from us. For more information, please call 254-287-4130.

### **Earth/MOMC Fest**

**Date:** April 8

**Time:** 5-8 pm Fest, 8-10 pm Movie

**Cost:** No Cost!

**Age Group:** All Families are welcome!

**Location:** Bronco Youth Center,

**Description:** Celebrate the environment and the 30th Anniversary of the Month of the Military Child! Bring the whole Family out for Pony Rides, Petting Zoo, Bouncers, Face Painting, Crafts, Recycle Maze, Teen Zone, Talent Competition, Climbing Wall and more! Follow it up with a Movie on the Lawn by the Fort Hood USO: WALL-E at 8 pm.

### **Adopt-A-School JROTC Drill Competition**

**Date:** April 9

**Time:** 9 am - 2 pm

**Cost:** No Cost

**Age Group:** Spectators of all ages

**Location:** Hood Stadium, behind the Community Events Center on Clear Creek Road

**Description:** Come join us in bringing JROTC drill competition back to the Greater Fort Hood Area. Supported by Fort Hood and the Adopt-A-School program, our neighboring school districts' JROTC programs will have a friendly drill competition. Join us for a day of precision drill movements, academic challenges, and a show of patriotic support for our troops and students! For more information, please call 254-288-7946.

### **Copperas Cove MOMC / Healthy Kids Celebration**

**Date:** April 9

**Time:** 10 am-2 pm

**Cost:** No Cost

**Age Group:** Open to all ages

**Location:** Copperas Cove YMCA,

**Description:** Bounce houses, face painting, Tootie Tots, performances by the Copperettes, CCHS Cheerleaders, GymKix, ASYMCA Martial Arts, Zumba, Music, Games, etc. Free food and drinks, healthy snacks and the Chick-fil-A Cow.

### **Military Child Appreciation Day at the Library**

**Date:** April 9

**Time:** 11 am-3 pm

**Cost:** No Cost - open to the public

**Age Group:** All ages

**Location:** Casey Memorial Library

**Description:** Story times featuring Military Children and Families at 11:30 am, 1 and 2 pm. Each child will be given a certificate of appreciation for their service as a Child in the Armed Forces. Enjoy making a child military dog tag, an American flag picture frame and color pages of their military parents. Thank you cards from the Library Director will be given to each child. For more information, please call 254-287-4921.

### **MOMC Bingo**

**Date:** April 9

**Time:** 11 am

**Cost:** \$5 per child/lunch included

**Age Group:** 2-10 years

**Location:** Community Events & Bingo Center

**Description:** Children will play 10-14 games with age appropriate toys as prizes. Lunch included! Limited to first 150 children. For more information, please call 254-532-9253.



### **Military Kid 2K Walk**

**Date:** April 15

**Time:** 4:30-6 pm

**Cost:** No Cost

**Location:** Montague Youth Center

**Description:** Purple it up! Come and join us as we celebrate the month of the Military Child by participating in a 2K walk around Montague Village housing area, wearing purple and singing to your favorite cadence to motivate you to complete the run. For more information, please call 254-553-7662.

### **Month of the Military Child Skate Night**

**Date:** April 29

**Time:** 6-10 pm

**Cost:** First Child in Family Free, all others \$5 per Skater

**Age Group:** All

**Location:** Fort Hood Skate Center

**Description:** The first child in the family will be admitted free. Additional children in the same family will pay \$5 per child. Price includes skates. For more information, please call 254-287-5623.

### **KISD's Annual Family Fitness & Wellness Fair**

**Date:** April 30

**Time:** 8 am-1 pm

**Cost:** No Cost - open to the public

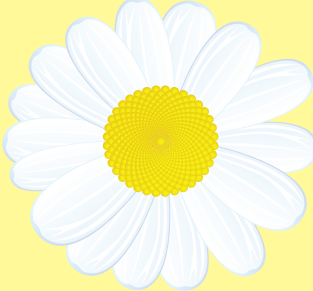
**Location:** Killeen Community Center

**Description:** Fun-filled opportunity for Families to learn how to incorporate healthy eating and physical activities into their lives. Activities to include a live cooking demonstration, rock wall climbing, obstacle course and much more! For more information, please call 254-336-1707.

# Enroll In CYSS to Enjoy These Fun Activities at our Centers

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## Venable SAC tribute to the Military Child

**Date:** April 1

**Time:** 4 - 5 pm

**Cost:** No Cost (Children must be enrolled in Venable SAC)

**Location:** Venable SAC

**Description:** Wear your purple shirt in honor of military children on "Purple up Day!" We will have fun activities such as face painting, hula hoop contest, music and food in an effort to recognize the hard work and courage of military children. For more information, call 254-616-5943.

## Walker / Meadows tribute to the Military Child

**Date:** April 1

**Time:** 4 - 5 pm

**Cost:** No Cost (Children must be enrolled in Walker/Meadows SAC)

**Location:** Walker/Meadows SAC

**Description:** Wear your purple shirt in honor of our children on "Purple up Day!" We will have fun activities such as: face painting, hula hoop contest, music and food in an effort to recognize the hard work and applaud the courage of military children. For more information, please call 254-287-4948.

## High Chaparral Chopped Challenge

**Date:** April 9

**Time:** 1 - 3 pm

**Age Group:** 11-18 years

**Cost:** No Cost (Youth must be registered with CYSS)

**Location:** High Chaparral Youth Center



**Description:** Ever wonder what it's like to be in the Chopped Kitchen? Join us in the High Chaparral kitchen where you'll look into your very own basket of mystery ingredients, including red, white and blue items. You will be judged on taste, presentation and creativity. Let's see who will be chopped and who will win it all! For more information, call 254-287-5646.

## Meadows CDC MOMC T-Shirts

**Date:** April 14

**Time:** 3 - 5:30 pm

**Age Group:** 6-11 years

**Cost:** No Cost (Children must be enrolled in Meadows CDC)

**Location:** Meadows Child Development Center

**Description:** We will create MOMC t-shirts for the children to take home. To participate you may make Hourly Care reservations online or by calling 254-553-8353.

## Clear Creek CDC Face Painting

**Date:** April 14

**Time:** 3 - 5:30 pm

**Cost:** No Cost (Children must be enrolled in Clear Creek CDC)

**Age Group:** 6 weeks - 5 years

**Location:** Clear Creek Child Development Center

**Description:** Children will get their face painted with different stencils and creative arts that the staff will provide. Parents can get their face painted, too! For more information, call 254-553-9443.

## Montague CDC Winter Wonderland

**Date:** April 15

**Time:** 3:30 - 5 pm

**Cost:** No Cost (Children must be enrolled in Montague CDC)

**Location:** Montague Child Development Center

**Description:** Children will experience a Winter Wonderland with ice painting, ice skating, and other cold sensory activities. For more information, call 254-287-8835.

## Family Child Care (FCC) MOMC Celebration

**Date:** April 15

**Time:** 9 – 12 pm

**Cost:** No Cost (Children must be enrolled in FCC homes)

**Location:** Comanche I Community Life Building

**Description:** Enjoy activities including stained glass art, outdoor spray bottle art, golf ball painting, play dough table, sack races, and an egg on a spoon race. For more information, please call 254-553-4620.

## Circus at Kouma CDC/SAC

**Date:** April 28

**Time:** 4 - 6 pm

**Cost:** No Cost (Children must be enrolled in Kouma CDC/SAC)

**Location:** Kouma CDC/SAC, Bldg

**Description:** Be amazed by a magician, entertained by a clown and spend some time in the petting zoo with small animals like rabbits, turtles, guinea pigs and more! Delicious carnival food will also be served. It's fun under the Big Top for the Month of the Military Child! For more information, please call 254-285-6017.

## Muskogee SAC Superhero Social

**Date:** April 28

**Time:** 4 - 6 pm

**Cost:** No Cost (Children enrolled in Muskogee SAC)

**Location:** Muskogee SAC

**Description:** Pop! Thwack! KaPow! From Batman and Superman, to Wonder Woman and Aquawoman, chances are, you fancy a superhero. We will use our own superpowers to make the party triumph over the arch nemesis: the dreaded, evil, boring party. Come join us for music,



games and lots of picture taking. Child must be enrolled in hourly care the day/time of this activity. For more information, please call 254-553-7706.

## ARMY COMMUNITY SERVICE CHILD ABUSE PREVENTION MONTH ACTIVITIES!

### Child Safety to Prevent Child

#### Neglect:

#### Boots on the Ground – Standing Up for Children

### Gentle Touch for Me–Infant Massage

**Date:** March 29 and April 5, 12, & 19 – 4 week Session

**Time:** 9:30 – 10:30 am or 5 – 6 pm

**Cost:** No Cost

**Age Group:** Infant – 1 year

**Location:** Oveta Culp Hobby Soldier & Family Readiness Center

**Description:** The Family Advocacy Program (FAP) New Parent Support Program will conduct an Infant Massage Class for parents and their young children, age's infant – 1 year. The class will teach parents how to interact with their small child in an effort to generate calmness for the parent and child while helping the infant learn to relax. The class offers limited seating and requires registration prior to the event. Please call 254-287-2286 to register.

### Boots on the Ground – Standing Up to Prevent Child Abuse Saturday

#### Play Morning

**Date:** April 2

**Time:** 9:30 – 11 am

**Cost:** No Cost

**Age Group:** Infant – 3 years

**Location:** Bronco Youth Center

**Description:** This is a special event to celebrate the youngest members of the Military Family. Educational and fun activities available for parents and their children. Come and play with

us! No registration is required. For more information, call 254-287-2286.

### Parenting to Prevent Child Abuse

**Date:** April 5, 12, 19, and 26

**Time:** 9:30 – 11:30 am

**Cost:** No Cost

**Age Group:** Parents of children ages 4 – 12 years

**Location:** Oveta Culp Hobby Soldier & Family Readiness Center

**Description:** Parents interested in discussing parenting issues, learning skills to encourage positive behavior and teaching tips to assist your child in learning and using alternatives to problem behavior... we are looking for you. Join other parents for an enlightening and enjoyable educational experience. For more information, call 254-618-7443 or 254-288-2092.

### Showers of Affirmation

**Date:** April 6, 13, 20, and 27

**Time:** 9:30 – 11 am

**Cost:** No Cost

**Age Group:** Infant – 3 years

**Location:** Bronco Youth Center

**Description:** Positive Statements/Positive Parenting/Strong Families. A parent and child play group. This is a great activity for children to connect with other children and for Moms/Dads to meet other. No registration is required. For more information, call 254-287-2286.

### Boot Camp for New Dads: Are You Tough Enough?

**Date:** April 6

**Time:** 9 am -12 pm

**Cost:** No Cost

**Age Group:** Fathers (Military and Civilian)

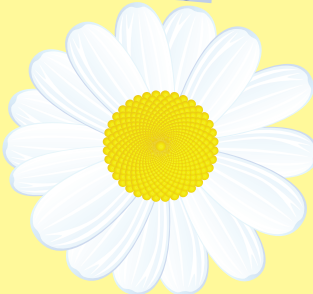
**Location:** Oveta Culp Hobby Soldier & Family Readiness Center

**Description:** This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adapt and cope with a new baby. Boot Camp is an interactive workshop for Dads only! For more information, call 254-287-2286.

# ARMY COMMUNITY SERVICE CHILD ABUSE PREVENTION MONTH ACTIVITIES!

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**Keep Children Safe Every Ride:** Child Passenger Safety Education & Inspection Program

**Date:** April 8

**Time:** 9 am-1 pm (By Appointment)

**Cost:** No Cost

**Location:** Sprocket Auto Craft Center

**Description:** Certified technicians will provide up-to-date information about car seat installation and hands-on education to ensure your child's safety. For more information or to schedule an appointment, call 254-287-6505 or 254-288-2092.

**Family Time Matinee--The Good Dinosaur**

**Date:** April 9

**Time:** 11 am

**Cost:** One canned good per Family.

(Canned goods will be donated to the ACS Food Pantry and Families in Crisis Safety Shelter)

**Location:** Palmer Theater

**Description:** An event to provide a Family fun experience in support of CAPM and MOMC. Patrons must provide a valid military ID card. Calling all parents and children, please join us! For more information, call 254-287-1763 or 254-288-2092.

**Children--Are They in Your Future?**

**Date:** April 12

**Time:** 8 am - 4:30 pm

**Cost:** No Cost - Please bring your lunch for a 30-minute lunch break

**Location:** Oveta Culp Hobby Soldier & Family Readiness Center

**Description:** This is an 8-hour workshop to help couples discover expectations in their marriage and how to optimize their future relationship through: core values, Family of origin beliefs, roles, commitment, stress and anger, time outs, support systems and the Texas laws on marriage. The discussions will include the introduction and management of children within marriages. For more information, call 254-618-7827 or 254-288-2092.

**A Stress-less Parent:** A Stronger Parent

**Date:** April 12

**Time:** 11:30 am - 1 pm

**Cost:** No Cost

**Location:** Oveta Culp Hobby Soldier & Family Readiness Center

**Description:** Can one parent without the presence of stress? What would that look like? Single parents are invited to join us for parenting tips, information sharing, mutual support, fun, and making new friends. Information will be provided about programs and opportunities available to single parents. For more information, please call 254-287-6505 or 254-288-2092.



**Parents and Teens:** Strengthening their Relationship for a Better Future

**Date:** April 12 & 14

**Time:** 6 - 9 pm

**Cost:** No Cost

**Location:** Oveta Culp Hobby Soldier & Family Readiness Center

**Description:** Parents are invited to come and enhance their ability to guide their teens through their challenges, while the teen learns skills to effectively manage the challenges of adolescence and discuss the process of making good decisions. For more information, please call 254-287-6065 or 254-286-6774.

**Keep Calm, Do Not Shake the Baby**

**Date:** April 13 and 27

**Time:** 6 pm

**Cost:** No Cost

**Age Group:** Open to all ages

**Location:** Call for location and to register  
**Description:** Let's talk about ways and strategies to care for our babies throughout their periods of distress crying, colic, illness, and other similar situations. This class will focus on calming of the parent and the infant to create a loving and nurturing environment for the growing child and the concerned parent. Topics include the definition and effects of Shaken Baby Syndrome, factors that commonly trigger caregivers to shake the baby, and coping strategies. The class is limited to expectant mothers with at least 32 weeks of gestation and requires registration prior to the event. Please call 254-287-2286 or 254-287-5066 to register.

### Giddy Up & Go Bike Safety Rodeo

**Date:** April 16  
**Time:** 9 am - 1 pm  
**Cost:** No Cost  
**Age Group:** Open to all ages  
**Location:** Oveta Culp Hobby Elementary School  
**Description:** This is a special event held to celebrate Child Abuse Prevention Month and Month of the Military Child. Join us for a whopping "FUN" wheels event that will help your children learn additional skills to become a better bicyclist and avoid putting themselves in danger. Come and learn about bicycle safety while enjoying a great time with your children. For more information, call 254-287-5066 or 254-288-2092.

### Relationship Enrichment with Children

**Date:** April 20  
**Time:** 9 - 4 pm  
**Cost:** No Cost



**Location:** Oveta Culp Hobby Soldier & Family Readiness Center  
**Description:** First there was you, then there was you and a spouse, then there was you, a spouse and a child how is that working for you? This workshop

will help you and your spouse learn how to build and sustain an awesome, resilient relationship for you as a partner and you as a parent. Discover your personality type and how it positively and negatively impacts your relationship, understand expectations in your relationship, improve communication/intimacy, and support for your partner and child(ren). For more information, call 254-618-7584 or 254-288-2092.

### It's My Call, It's My Car, Is My Child Riding Safely?

**Date:** April 22  
**Time:** 9 am - 12 pm  
**Cost:** No Cost  
**Location:** Old AAFES Post Exchange (PX) parking lot, Clear Creek Road  
**Description:** Find out the safest way to transport your child by consulting with a Certified Child Passenger Safety Technician. Hands-on education and up-to-date information will be provided. Inspections are free and open to all Military I.D. card holders. This is a special event held to celebrate Child Abuse Prevention Month and Month of the Military Child. For more information, call 254-287-6065 or 254-288-2092.



### Crossing the Line: Expect Respect

**Date:** April 28  
**Time:** 6 - 7:30 pm  
**Cost:** No Cost  
**Location:** Oveta Culp Hobby Soldier & Family Readiness Center  
**Description:** Teen dating should be fun. When does your date cross the line? What do you do? Information will be discussed regarding dating etiquette, respect within relationships, warning signs regarding disrespect and prevention of dating violence. Strategies will be shared that promote safe and healthy teen relationships. This preven-

tion-based awareness education is for teens, parents, teachers and community agencies that provide services and support to teens. For more information, call 254-618-7586 or 254-288-2092.

### Boots on the Ground Fun Run for Children

**Date:** April 29



**Time:** 6:30 - 7:30 am  
**Cost:** No Cost  
**Location:** 7-17th CAV, Battalion Ave.  
**Description:** A 1-mile Family run/walk to bring awareness to Child Abuse Prevention Awareness Month. Hosted by the 7-17th CAV in conjunction with ACS, Family Advocacy Program. Participants may walk, run or stroll (baby carriages, etc.) during the event. For more information, call 254-287-1763 or 254-288-2092.

### Child Abuse Prevention Month / Month of the Military Child Proclamation Signing

**Date:** April 4 (Tentative)  
**Time:** 11 am (Tentative)  
**Cost:** No Cost  
**Location:** III Corps Headquarters, Fort Hood, West Atrium  
**Description:** This is a very special event conducted to launch the Fort Hood 2016 CAPM/MOMC Campaign. Join in the celebration to honor our Military Children and bring awareness to the prevention of child maltreatment. For more information, call 254-287-9866 or 254-288-2092.



APRIL IS  
NATIONAL  
CHILD ABUSE  
PREVENTION  
MONTH



254-287-CARE (2273)

No parent is perfect - but all parents can supervise carefully and take simple steps to keep kids safe.

