

### **c. Army Community Service**

#### **Child Abuse Prevention Month**

**Ms. Billy Floyd**

**Theme – “Child Safety to Prevent Child Neglect:  
Boots on the Ground – Standing Up for Children”**

**Tagline - Protect our Children: Supervised, Safe and Sound**

#### **“Gentle Touch for Me” – Infant Massage**

Tuesday's, March 29, 2016 and April 5, 2016, April 12, 2016 and April 19, 2016

(4-week session)

- 9:30 am – 10:30 am or 5:00 pm – 6:00 pm
- Ages 0 – 1 year old
- The Family Advocacy Program (FAP), New Parent Support Program will conduct an Infant Massage Class for parents and their young children, ages 0 - 1 years
- The class will teach parents how to interact with their small child in efforts to generate calmness for the parent and child while helping the infant to learn to relax
- The class offers limited seating and requires registration prior to the event
- Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000  
For more information or to register, call (254) 287-2286.

#### **“Boots on the Ground – Standing Up to Prevent Child Abuse” Saturday Play Morning**

Saturday, April 2, 2016

- 9:30 am – 11:00 am
- Ages 0 – 3 years old
- This is a special event conducted to celebrate the youngest members of the Military Family. Educational and fun activities available for parents and their children. Come and play with us!
- No registration is required.
- Bronco Youth Center, Bldg. 6602 Tank Destroyer Boulevard  
For more information, call (254) 287-2286

#### **Child Abuse Prevention Month/Month of the Military Child (CAPM/MOMC)**

##### **Proclamation Signing**

Friday, April 4, 2016

- 11:00 am (T)
- This is a very special event conducted to launch the Fort Hood 2016 CAPM/MOMC Campaign
- Join in the celebration to honor our Military Children and bring awareness to the prevention of child maltreatment
- III Corps and Fort Hood Headquarter Building, Building 1001, West Atrium  
For more information, please call (254) 287-9866 or (254) 288-2092.

### **“Parenting to Prevent Child Abuse”**

Tuesday’s, April 5, 2016, April 12, 2016, April 19, 2016 and April 26, 2016

- 9:30 am – 11:30 am
- Parents of children ages 4 – 12 years old
- Parents interested in discussing parenting issues, learning skills to encourage positive behavior and teaching tips to assist your child in learning and using alternatives to problem behavior, we are looking for you
- Join other parents for an enlightening and enjoyable educational experience
- Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000  
For more information, call (254) 618-7443 or (254) 288-2092.

### **“Showers of Affirmation”**

Wednesday’s, April 6, 2016, April 13, 2016, April 20, 2016 and April 27, 2016

- 9:30 am – 11:00 am
- Ages 0 – 3 years old
- Showers of Affirmation – Positive Statements/Positive Parenting/Strong Families. A parent and child play group.
- This is a great activity for children to connect with other children and for Moms/Dads to meet other Moms/Dads.
- No registration is required
- Bronco Youth Center, Bldg. 6602 Tank Destroyer Boulevard  
For more information, call (254) 287-2286.

### **Boot Camp for New Dads: “Are You Tough Enough?”**

Wednesday, April 6, 2016

- 9:00 am -12:00 pm
- Fathers (Military and Civilian)
- This class educates new and expectant fathers on parental roles and responsibilities and helps them develop strategies to adapt and cope with a new baby
- Boot Camp is an interactive workshop for Dads only!
- Oveta Culp Hobby Soldier and Family Readiness Center, Bldg. 18000  
For more information, call (254) 287-2286.

### **“Keep Children Safe Every Ride”: Child Passenger Safety Education and Inspection Program**

Friday, April 8, 2016

- 9:00 am – 1:00 pm (By Appointment)
- Certified technicians will provide up-to-date information about car seat installations and hands-on education to ensure your child’s safety
- Sprocket Auto Craft Center, Bldg. 9138, corner of Old Ironsides Ave. and 20th Street  
For more information or to schedule an appointment, call (254) 287-6505 or (254) 288-2092.

### **Family Time Matinee – “The Good Dinosaur”**

Saturday, April 9, 2016

- 11:00 am
- Cost/entry fee is one (1) canned good per Family. Canned goods will be donated to the ACS Food Pantry and the Families in Crisis Safety Shelter
- An event to provide a Family fun experience in support of CAPM and MOMC
- Patrons must provide a valid Military I.D. card
- Calling all parents and children, please join us!
- Palmer Theater, Bldg. 334, 31st Street  
For more information, call (254) 287-1763 or (254) 288-2092.

### **“Children – Are They in Your Future?”**

Tuesday, April 12, 2016

- 8:00 am – 4:30 pm
- Please bring your lunch for a 30-minute lunch break
- This is an 8-hour workshop to help couples discover expectations in their marriage and how to optimize their future relationship through: core values, Family of origin beliefs, roles, commitment, stress and anger, time outs, support systems and the Texas laws on marriage
- The discussions will include the introduction and management of children within marriages
- Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000  
For more information, call (254) 618-7827 or (254) 288-2092.

### **“A Stress-less Parent: A Stronger Parent”**

Tuesday, April 12, 2016

- 11:30 am – 1:00 pm
- Can one parent without the presence of stress? What would that look like? Single parents are invited to join us for parenting tips, information sharing, mutual support, fun, and making new friends
- Information will be provided about programs and opportunities available to single parents
- Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000  
For more information, call (254) 287-6505 or (254) 288-2092.

### **“Parents and Teens: Strengthening their Relationship for a Better Future”**

Tuesday, April 12, 2016 and Thursday, April 14, 2016

- 6:00 pm – 9:00 pm
- Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000
- Parents are invited to come and enhance their ability to guide their teens through their challenges, while the teen learns skills to effectively manage the challenges of adolescence and discuss the process of making good decisions  
For more information, call (254) 287-6065 or (254) 286-6774.

### **“Keep Calm, Do Not Shake the Baby”**

Wednesday's, April 13, 2016 and April 27, 2016

- 6:00 pm
  - Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000
  - Let's talk about ways and strategies to care for our babies throughout their periods of distress- crying, colic, illness, and other similar situations
  - This class will focus upon calming of the parent and the infant to create a loving and nurturing environment for the growing child and the concerned parent
  - Topics include: the definition and effects of Shaken Baby Syndrome, factors that commonly trigger caregivers to shake the baby, and coping strategies
  - The class is limited to expectant mothers with at least 32 weeks of gestation and requires registration prior to the event
- For more information or to register, call (254) 287-2286 or (254) 287-5066.

### **“Giddy Up and Go” Bike Safety Rodeo**

Saturday, April 16, 2016

- 9:00 am – 1:00 pm
  - This is a special event held to celebrate Child Abuse Prevention Month and Month of the Military Child
  - Join us for a whopping “*FUN*” wheels event that will help your children learn additional skills to become a better bicyclist and avoid putting themselves in danger
  - Come and learn about bicycle safety while enjoying a great time with your children.
  - Oveta Culp Hobby Elementary School, 53210 Lost Moccasin, Fort Hood, Texas
- For more information, call (254) 287-5066 or (254) 288-2092.

### **“Relationship Enrichment with Children”**

Wednesday, April 20, 2016

- 9:00 am – 4:00 pm
  - First there was you, then there was you and a spouse, then there was you, a spouse and a child...how is that working for you?
  - This workshop will help you and your spouse learn how to build and sustain an awesome, resilient relationship for you as a partner and you as a parent
  - Discover your personality type and how it positively and negatively affects your relationship, understand expectations in your relationship, improve communication/intimacy and support for your partner and child(ren)
  - Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000
- For more information, call (254) 618-7584 or (254) 288-2092.

### **“It’s My Call, It’s My Car, Is My Child Riding Safely?”**

Friday, April 22, 2016

- 9:00 am – 12:00 pm
- Find out the safest way to transport your child by consulting with a Certified Child Passenger Safety Technician
- Hands-on education and up-to-date information will be provided
- Inspections are free and open to all Military I.D. card holders
- This is a special event held to celebrate Child Abuse Prevention Month and Month of the Military Child.
- Old AAFES Post Exchange (PX) parking lot, Clear Creek
- For more information, call (254) 287-6065 or (254) 288-2092.

### **“Crossing the Line: Expect Respect”**

Thursday, April 28, 2016

- 6:00 pm – 7:30 pm
  - An educational class used to learn the difference between healthy and abusive relationships
  - Instruction covers the prevention of dating violence and promoting safe and healthy relationships
  - For single Soldiers, teens, and Family Members
  - Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000
- For more information, call (254) 618-7586 or (254) 288-2092.

### **“Boots on the Ground Fun Run for Children”**

Friday, April 29, 2016

- 6:30 am – 7:30 am
  - Family run/walk (1-mile) to bring awareness to Child Abuse Prevention Awareness Month
  - Hosted by the 7-17th CAV in conjunction with ACS, Family Advocacy Program. Participants may walk, run or stroll (baby carriages, etc.) during the event.
  - 7-17th CAV, Battalion Avenue
- For more information, call (254) 287-1763 or (254) 288-2092.

## **National Volunteer Appreciation Week**

**Mr. David Gretsch**

Special events and activities will be held to celebrate National Volunteer Appreciation Week (April 10-16, 2016).

### **Monday, April 11, 2016**

#### **Opening Ceremony**

- 10:00 am
- Ms. Patricia L. Barron, Association of the United States Army (AUSA) Family Programs Director, will be the Guest Speaker
- Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000, Battalion Avenue

#### **Volunteer Showcase**

- 10:30 am – 2:00 pm
- Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000, Battalion Avenue

### **Wednesday, April 13, 2016**

#### **Volunteer Game Night**

- 5:00 pm – 8:00 pm
- Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000, Battalion Avenue

### **Thursday, April 14, 2016**

#### **Volunteer Team Building**

- 9:00 am – 1:00 pm
- Resiliency Campus, Bldg. 12018, 31st Street and Battalion Avenue

### **Friday, April 15, 2016**

#### **Volunteer Professional Development Day**

- 9:00 am – 1:00 pm
- Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000, Battalion Avenue

For more information, call (254) 287-8656.

## **Family Readiness Liaison (FRL) Unit Training**

**Ms. Stephanie Mello**

Tuesday's and Wednesday's, April 19-20, 2016, June 21-22, 2016 and August 16-17, 2016

- FRG overview
  - Facebook for FRGs
  - Funding the FRG
  - Resilience overview
  - Working with volunteers
  - VMIS for OPOCs
  - FRL Roles and responsibilities
  - III Corps and Fort Hood organizational readiness inspections
  - Care Team overview
  - 3 pre-requisites (assignment, appointment orders and retainability)
- For more information, call (254) 288-2794 or see OPORD 15-09-0838.